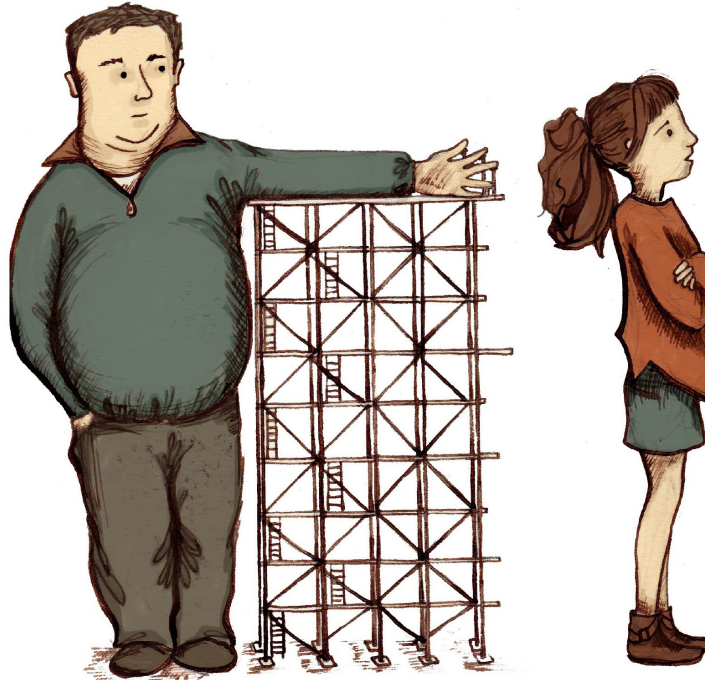


'Growing Up Is Never Easy'
A FREE ONLINE TRAINING SESSION
FOR PARENTS & CARERS



Families can be complicated, loving, difficult, complex and conflicting even on a good day. Find out a bit more about resolving conflicts and improving relationships.

The SCCR delivers this online session to provide some understanding around conflict as a parent/carer. Following the session you will be able to explore the developmental stages of young people, reflect and consider your role in managing these stages and respond and support young people with a better understanding of their developmental needs

The course is short, simple and informative allowing parents to informally share experiences and related issues with others.

Date: Thursday 16th September; **Time:** 19:00-19:45

Book your space by clicking on the link and leaving your contact details.

Website: www.scottishconflictresolution.org.uk
Email: sccr@cyrenians.scot
Phone: (0131) 475 2493
Facebook: www.facebook.com/sccrcentre
Twitter/Instagram: @sccrcentre

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