



# Physical Education

St Matthew's Academy

# Agenda

- PE Kit
- Working Areas (best in Scotland)
- Curricular Activities
- Extra-Curricular Activities
- Teams
- Trips





**White T-Shirt** ✓

**Black Shorts** ✓

**Black Leggings** ✓

**Football Colours** X

**Tracksuit Bottoms** X

# Games Halls





**Gym Hall**



**Dance  
Studio**



**Fitness  
Suite**



**Astro-Turf**



# Athletics Track





# Grass Pitches

As far as the eye can see...



**Badminton**



**Indoor Football**



**Basketball**



**Netball**



**Gymnastics**



**Cross-Country**





**Volleyball**



**Athletics**



**Cheer / Dance**



**Hockey**



**Fitness**



**Football**



**Dodgeball**



**Social Dance**



# Extra-Curricular

	ST MATTHEW'S PE DEPARTMENT	EXTRA- CURRICULAR TIMETABLE
	Lunch Time	After School
Monday	Bleep Test Netball	Badminton / Netball / Volleyball <small>School Attire When Required</small>
Tuesday	Volleyball Short Tennis	Basketball Fitness
Wednesday	Football	Netball Staff Football
Thursday	Basketball Heedie Handbaw	Volleyball
Friday	Volleyball Football	Badminton



**Football**



**Athletics**



**Volleyball**



**Basketball**



**Cross-  
Country**



**Netball**



**Every year the S6 pupils get beaten by the staff at football, basketball and volleyball**



# The Lent Tournament



# **Ski Trips to Italy, France and Austria**



# Golf Trip to St Andrews



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