



SHANARRI

Getting It Right For Every Child
Health and Wellbeing

The United Nations Convention on the Rights of the Child

- life, survival and development
- protection from violence, abuse or neglect
- an education
- express their opinions and be listened to



In what kinds of situations are children's rights not respected?



What about life for children in
Scotland?

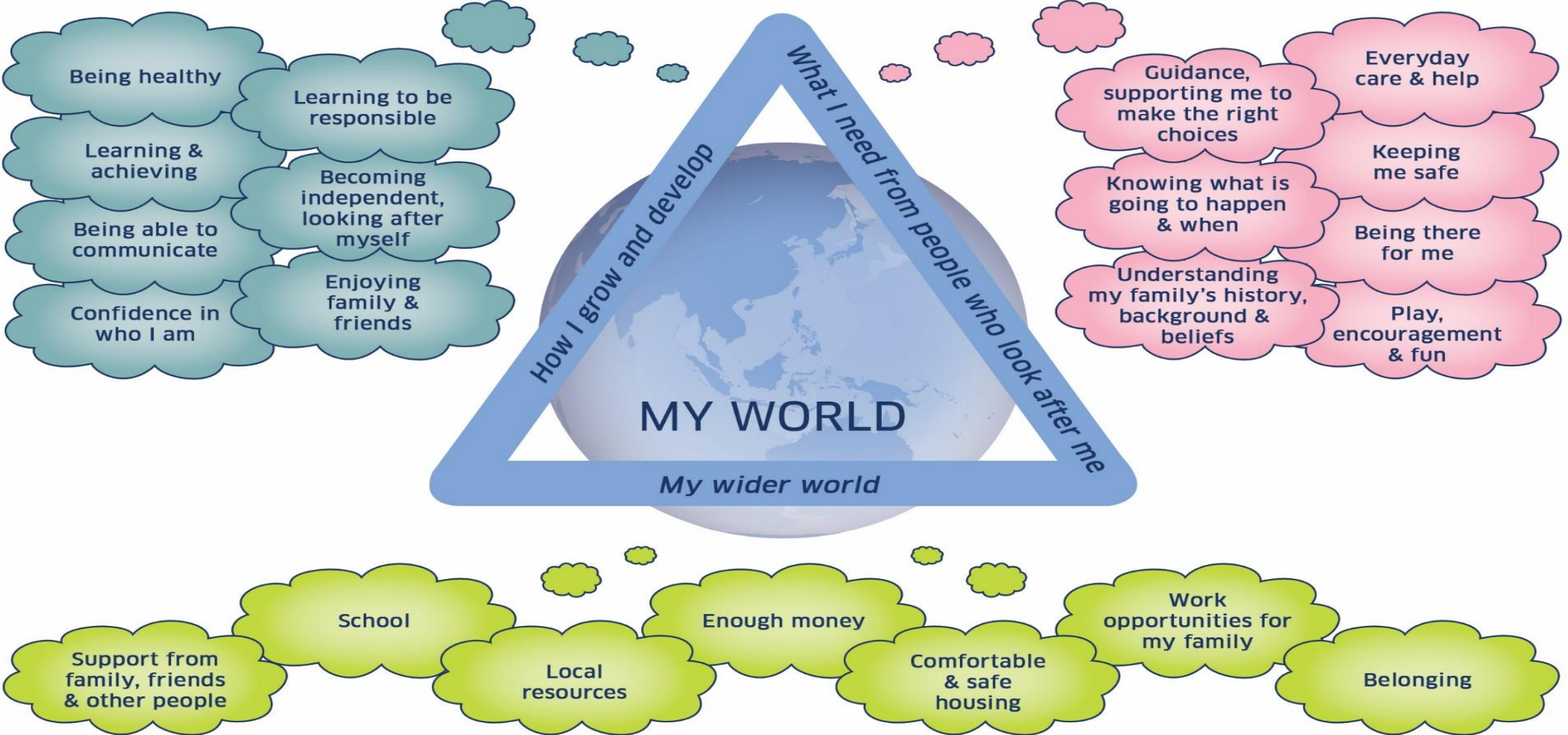


My World

Discuss each of the following:

- What do you need from the people who look after you?
- What do you need to be as you grow and develop?
- What do you need from your wider world?

My world triangle



The whole child or young person: Physical, Social, Educational, Emotional, Spiritual & Psychological development

SHANARRI

Safe

Healthy

Achieving

Nurtured

Active

Respected

Responsible

Included

<https://www.youtube.com/watch?v=JC2CMd3Sgck>

SAFE

Consider:

Internet safety

fire safety

hygiene

Road safety

register

signing in

smoke free

alcohol and drug misuse

first aid

HEALTHY

Consider:

Fresh air
PE HE

exercise
nutrition
doctor

diet
dentist

Self-care

school nurse

Achieving

Consider:

Life skills

milestones

support

encouragement

praise

observation

trying hard

self-esteem

progress

targets

rewards

assessments

Out-of-school

NURTURED

Consider:

Praise

equal
warmth

talk

encouraged
affection

happy

looked after
valued

fair

care
listened to

ACTIVE

Consider:

outdoors/ indoors

opportunity

supervised

in

balance

risk

safe

co-ordination

explore

games

fitness

play

join

RESPECTED

Consider:

Unique individual equal opinions voice
express views listen free views
private confidence choices
decisions options

RESPONSIBLE

Consider:

Encourage leadership peer role
model mature sensible guide
teach coach anti-bullying
consequences promote positive behaviour
behave respect for others

INCLUDED

Consider:

Involvement	participate	listened to
choice	feedback	opinions
voice	suggestions	discussion
meeting your needs		decisions

Is St. Matthew's a SHANARRI school?



SHANARRI Self-assessment

ME	
SAFE	
HEALTHY	
ACHIEVING	
NUTURED	
ACTIVE	
RESPONSIBLE	
RESPECTED	
INCLUDED	