

Explorers Curriculum Outline Term 1

Dear Parents and Carers,

It has been a pleasure to welcome all our pupils back to school, while also getting to know those who have joined us this year. The children have settled into their new class routines well, and it has been lovely spending time getting to know one another. We are excited for the term ahead and all the learning and opportunities it will bring.



Health and Wellbeing

Our gym days are **Wednesday and Friday**, and gym kits can be kept in school. Thank you to everyone who has already provided these. This term, our PE lessons will focus on developing **balance, agility and coordination through gymnastics**, as well as improving **throwing, aiming and accuracy through rugby and basketball**.

We will also be exploring **mental and emotional wellbeing**. Through our work with the *Zones of Regulation*, the children will develop their understanding of different emotions and learn strategies to help them recognise and manage how they are feeling.



Literacy



Reading - This term, we will encourage **reading for enjoyment** by giving pupils opportunities to select books and listen to and share stories. Alongside this, pupils will use individual reading books to **develop their decoding, accuracy and reading fluency**.

Writing - Our focus this term will be on **creating sentences** that are clear and meaningful, **using connectives** to join ideas together. We will also continue to develop key writing skills, including the correct use of **capital letters, finger spaces and full stops**.

Talking and Listening - This term, we will develop our communication skills by learning **how to listen attentively, recognise appropriate times to ask questions** and how to **respond respectfully when communicating** with others.

Numeracy

This term, we will be strengthening our understanding of **numbers and place value**. The children will work on recognising and identifying numbers, developing accurate number formation, and practising ordering numbers with growing confidence.

Broad General Education

This term, our topic learning will focus on **Castles and Knights**. Pupils will explore different types of castles, why they were built and the important role they played in the past. We will learn about the lives of people who lived and worked in castles, including how their daily lives compare to our lives today. Pupils will also discover more about **knights**, their role in protecting castles and the armour they wore, as well as exploring **medieval food and feasts**.

Expressive Arts

Music - We will focus on exploring sound, rhythm, and pitch using a range of instruments.

Art and Design - Pupils will choose and explore a range of materials to create images and objects.

Drama - Through role-play linked to our *Castles and Knights* topic, pupils will develop skills in creating and presenting drama which explores real and imaginary situations.