



P1 AUTUMN NEWSLETTER

TERM 1 TOPICS

PE

This term, we are establishing our PE rules and routines through games, fitness activities, small equipment games, and gymnastics.

LIBRARY DAYS

We visit the school library every Wednesday after the afternoon playtime. Please ensure library books are in bags on this day to allow children to exchange them for a new one.

GYM DAYS

Tuesday after break
Thursday afternoon

Please bring gym bags and make sure everything is labelled.

NEWS

OUR TOPIC

Our topic this term is 'All About Me', where we will be learning about ourselves, our bodies, our feelings and what makes us unique. We will learn about keeping ourselves healthy and clean, our families and friends, and the people who help and care for us.

