



Dalry Early Years



Triple P A programme for parents and carers

We hope that all parents enjoy their children's 'Incredible Years', but being a parent is, without a doubt, the hardest job of all.

There are opportunities across North Ayrshire for parents to join Triple P groups. Our group starts on Tuesday 21st October at 9.30am to 11.30am.

Parenting can be fun!

The group sessions support and empower parents/carers to continue to build positive relationships and interaction with their child.

The programs are delivered to groups of parents/cares of children aged 2-12years.

The groups will help with:

1. Building relationships between parents/carers and children
2. Supporting children to develop independent behaviours and routines, such as mealtimes, bedtimes, getting dressed and following house rules.
3. Managing behaviours such as tantrums.
4. Helping to promote their children's learning, social, and emotional skills and address challenges such as conduct or emotional regulation.

For further information please speak to Julie or the main office.