

Literacy

Shaving foam

Cover a table or an area on the floor with a black bin bag and spray all over with shaving foam. Provide your child with paint brushes or spoons and encourage them to make marks in the shaving foam. See if they can draw pictures in the foam using the utensils or their hands. Encourage your child to make big movements with their hands in the foam. This will help develop their readiness for writing.



Our Song of the week

The little green frog



Mmm mmm went the little green frog one day,
{Try sticking your tongue out on the second mmm}

Mmm mmm went the little green frog,
Mmm mmm went the little green frog one day,
And the frog went mmm mmm bleblebleble.
{Make a noise with your tongue and wave your hands}

But we know frogs go
Na na na na na, Na na na na na, Na na na na na
We know frogs go
Na na na na na
They don't go mmm mmm bleblebleble.

Numeracy

Counting with blocks

Using lego or any other kind of blocks you have at home, encourage your child to build a tower and count each block as they place it on. See how high you can build a tower while counting at the same time.
Find out how many blocks you can get on your tower.



Recipe of the week



Home- made pizza

You can use wraps or pitta bread to create an easy and tasty pizza at home. Cover your chosen base in tomato puree and then add your favorite toppings, such as ham, cheese or mushroom. This is a great way of encouraging your child to try new foods and develop their fine motor skills by spreading or chopping ingredients. Why not see who can make the funniest face on their pizza.

Story Time

Choose a book, snuggle up on the sofa or in bed and read your book together.



Health and Wellbeing

Obstacle course

Using items from around your home, such as building blocks, hula hoops, cones, bean bags or skipping ropes. Create an obstacle course for your child to follow. See if they can balance along a line of building bricks or jump over the cones. You could also do this activity using only chalk. Draw lines for your child to tiptoe along and circles for them to jump in. Ask your child to jump hop or skip along the obstacle course.



Corsehill Early Years Silver Activity Sheet 5

Outdoor Play

Make sure you play outside for a while today; you could go to the park or stay in your garden.