

Literacy

Mark making in sand/salt



Using a tray or a large flat plastic box. Cover the bottom of the tray/box with either sand or salt. Encourage your child to practice writing letters or numbers or just making marks in general with their finger or using a thin paint brush.



Our Song of the week



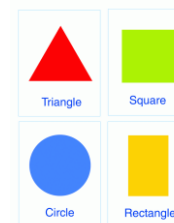
Wind the Bobbin up

Wind the bobbin up, Wind the bobbin up,
Pull, pull, clap, clap, clap,
Wind the bobbin up, Wind the bobbin up,
Pull, pull, clap, clap, clap,
Point to the ceiling,
Point to the floor,
Point to the window,
Point to the door,
Clap your hands together 123,
Put your hands upon your knee.

Numeracy

Shape hunt

Go on a scavenger hunt around the house and look for objects that are the shape of squares, circles, triangles and rectangles, Introduce 3D shapes to make it a little more difficult. Talk about each shape, how many sides does it have? How many objects do you have with corners? How many round objects do you have?



Recipe of the week

Home Made Moon Sand

Mix 8 cups of plain flour with one cup of baby oil. {Cooking oil can also be used}. Mix it well using a large spoon until it resembles sand. You may need to rub the lumps out with your fingers. If your sand is to wet just add some more flour or if it is to dry add more oil.



Outdoor Play

Make sure you play outside for a while today; you could go to the park or stay in your garden.

Corsehill Early Years Gold Activity Sheet 4

Story Time



Choose a book, snuggle up on the sofa or in bed and read your book together.

Health and Wellbeing

Mindfulness

During this difficult time it is important to encourage your child to take time to think about their emotions and is important for them to have ways to deal with them. This is a nice easy way to help your child handle some of the bigger emotions they may be feeling right now

Bubbles!

Take a nice deep breath
in and when you
breathe out, slowly
and gently blow
away anything bad
or scary into the bubble.

