

NORTH AYRSHIRE

SCHOOL MENU 2022/23

PRiMaRY



WEEK ONE

18/08/2022 5/09/2022 26/09/2022 24/10/2022 14/11/2022 5/12/2022 9/01/2023 30/01/2023 20/02/2023 13/03/2023
17/04/2023 8/05/2023 31/05/2023 19/06/2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Lentil soup	Vegetable soup	Lentil soup	Potato and leek soup	Lentil soup
Main 1	Sausages, baby jacket potatoes, carrots, sweetcorn	Macaroni cheese, baby jacket potatoes/garlic bread, cherry tomatoes	Cottage pie/mince & potatoes, baby jacket potatoes, green beans	Chicken goujons, potato wedges, seasonal salad, broccoli	Fish, chips, peas, seasonal salad
Main 2	Chilli chicken noodles, sweetcorn	Quorn dippers wrap, potato wedges, seasonal salad	Chicken curry, basmati rice, seasonal salad	Beefburger roll, seasonal salad	Pizza, baby jacket potatoes, peas, seasonal salad
Main 3	Baked potato & tuna, seasonal salad	Beans on toast	Tuna pasta, seasonal salad	Tomato & basil pasta garlic bread & seasonal salad	Baked potato & baked beans, seasonal salad
Sandwiches	Roll & sliced chicken breast, seasonal salad	Cheese sandwich, seasonal salad	Turkey sandwich, seasonal salad	Cheese sandwich, seasonal salad	Chicken sandwich, seasonal salad
Puddings	Fruit platter, yogurt	Fruit platter, sponge & custard, yogurt	Fruit platter, yogurt	Fruit platter, fruit crumble & custard, yogurt	Fruit platter, yogurt

WEEK TWO

22/08/2022 12/09/2022 3/10/2022 31/10/2022 23/11/2022 12/12/2022 16/01/2023 6/02/2023 27/02/2023 20/03/2023
24/04/2023 15/05/2023 5/06/2023 26/06/2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Lentil soup	Vegetable soup	Lentil soup	Cream of chicken soup	Lentil soup
Main 1	Meatballs, baby jacket potatoes, peas & sweetcorn	Tomato pasta, garlic bread, jacket potatoes, seasonal salad	Roast chicken, yorkshire pudding, baby jackets potatoes, broccoli	Buttermilk chicken burger, jacket wedges, seasonal salad, mixed veg	Fish, chips, peas, seasonal salad
Main 2	Chicken or quorn fajitas, baby jacket potatoes, seasonal salad	Quorn & vegetable curry, basmati rice, seasonal salad	Pork or veggie sausages, baby jacket potatoes, broccoli	Pasta bolognese, garlic bread, baby jacket potatoes, mixed veg	Pizza pasta combo, baby jacket potatoes, peas, seasonal salad
Main 3	Fish finger bun, seasonal salad	Beans on toast	Tuna pasta, seasonal salad	Cheese toastie, seasonal salad	Baked potato & baked beans, seasonal salad
Sandwiches	Roll & sliced chicken breast, seasonal salad	Cheese sandwich, seasonal salad	Turkey sandwich, seasonal salad	Cheese sandwich, seasonal salad	Chicken sandwich, seasonal salad
Puddings	Fruit platter, yogurt	Fruit platter, fruit tart, yogurt	Fruit platter, yogurt	Fruit platter, fruit jelly, yogurt	Fruit platter, yogurt

WEEK THREE

29/08/2022 20/09/2022 10/10/2022 7/11/2022 28/11/2022 19/12/2022 23/01/2023 15/02/2023 6/03/2023 27/03/2023
2/05/2023 22/05/2023 12/06/2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Lentil soup	Vegetable soup	Lentil soup	Vegetable soup	Lentil soup
Main 1	Macaroni cheese, baby jacket potatoes/garlic bread, cherry tomatoes	Pizza, baby jacket potatoes, mixed veg, seasonal salad	Steak pie, roast potatoes, baby jackets, turnip	Chicken curry, basmati rice, seasonal salad	Fish, chips, peas, seasonal salad
Main 2	Sausage casserole, mashed potato, baby jacket potatoes, peas & sweetcorn	Southern fried veggie burger, baby jacket potatoes, mixed veg, seasonal salad	Quorn nuggets, baby jackets, coleslaw, seasonal salad	Pulled pork in finger bun, potato wedges, seasonal salad	Salmon goujons, chips, peas, seasonal salad
Main 3	Baked potato & tuna mayo, seasonal salad	Beans on toast	Turkey sandwich, seasonal salad	Tuna sandwich, seasonal salad	Quorn hot dog, seasonal salad
Sandwiches	Roll & sliced chicken breast, seasonal salad	Cheese sandwich, seasonal salad	Tuna wrap, seasonal salad	Cheese roll, seasonal salad	Chicken sandwich, seasonal salad
Puddings	Fruit platter, homemade shortbread biscuit, yogurt	Fruit platter, yogurt	Fruit platter, yogurt	Fruit platter, sponge & custard, yogurt	Fruit platter, yogurt

Our meals are freshly prepared with local, seasonal ingredients.

We purchase local free range hen eggs, msc fresh fish, QMS and farm assured meats, organic milk, pasta and flour.

