

Family Support

Early Years – We Work for Families

Purpose

To offer tailored support to meet individual needs of parents with young children under 5 years of age who may find it difficult for a range of reasons to have the confidence to take the next step to realising their potential.

Here are some of the areas that we can help parents with -

- Self Confidence and Motivation
- Goals, Aspirations and Expectations
- Employability Skills Development

Guidance and Support to access -

- Money Management
- Debt Advice
- Benefits Advice
- Housing Support
- Literacy and Numeracy

Requests for Assistance:

- All requests must come from Health Visitors, Family Nurses or Early Years Social Workers to the Named Person Service on the Request for Assistance Form
- Initial appointment set up with parent to discuss what person centred support is required.
- Regular updates to Health Visitor verbally as well as reports via the Named Person Service

Patricia O'Brien -

Mob 07880 290 705

Frances Loy -

Mob: 07824581840

Tracey Scoular -

Mob: 07939260707

Sally Turner -

Mob: 07741293816

All Pupils

Financial

Money Matters offers free, confidential and impartial advice for benefits and financial entitlements 01294 310456 (Monday to Friday 9.30am to 4.30pm)
For access to crisis loans or other emergency provision contact **North Ayrshire Council Customer Services** 01294 310000

Scottish Child Payment [Scottish-Child-Payment-Factsheet.pdf](#)
(socialsecurity.gov.scot)

Best Start Grant – three single cash payments. Further information and applications can be found at [Best Start Grant and Best Start Foods - mygov.scot](#):

Pregnancy and baby payment - You can apply for the Pregnancy and Baby Payment from 24 weeks pregnant up to the day your baby is 6 months old. This goes up to 1 if you've taken over looking after a child, such as if you've adopted.

Early Learning payment - You can apply when your child is aged between 2 years old and 3 years 6 months old.

School-aged payment - If your child was born between 1 March 2016 and 28 February 2017, you may be eligible for the school age payment.

Family Fund is the UK's largest charity providing grants to families on a low income raising disabled or seriously ill children and young people aged 17 and under. www.familyfund.org

Food

For access to food parcels contact **North Ayrshire Council Customer Services** 01294 310000

North Ayrshire foodbank can be contacted on 01294 601312 and can advise on local collection points

Café Solace provides excellent, low cost meals to take away from Bridgend Community Centre, **Kilbirnie** www.facebook.com/cafesolace

Dalry Food Larder – available to local residents. Payment of £4 per visit in exchange for low cost food produce up to the value of £15. Open Wednesday 6.30-8pm and Saturday 10am-12pm

Best Start Foods - prepaid card that you can use to buy healthy foods for children under 3. You can use the card in shops and online. [Best Start Grant and Best Start Foods - mygov.scot](#)

Use This Link; [Footwear, clothing and free school meals \(north-ayrshire.gov.uk\)](#)

Concerned about a child or young person: contact North Ayrshire's Child Protection team on: 01294 310300 (Monday to Thursday 9am to 4.45pm and Friday 9am to 4.30pm); out of hour's service on 08003287758

Health and wellbeing

If you have a child under the age of 5 in your household, please contact the local **Health Visiting Team**: 01505 684536 Kilbirnie Health Centre (Monday to Friday 9am – 5pm)

Beith Trust has a number of family supports available www.beithtrust.org

Garnock Valley Helping Hands offers support to families with clothing and equipment. Please speak to the Health Visiting team, Garnock Valley social work team (Kilbirnie) or school staff (outwith holiday times). [Garnock Valley Helping hands | Facebook](#)

NHS Inform for online health information, including symptoms and illnesses

www.nhsinform.scot

NHS24 for out of GP hour's urgent health advice
Tel: 111

Community Link Worker c/o Beith Health Centre
Mental Health Practitioner (adults) c/o Beith Health Centre

Children 1st Parentline 0800 0282233