



Family learning and engagement

## Beith Primary School **Family Learning**

### 2020-2021

Family learning strategy for Beith Primary School

- **Provide opportunities for parents to attend online information sessions**
- **Improve parental knowledge of the curriculum and how to support their child's learning at home.**
- **Offer ideas to encourage opportunities for family learning at home**

Beith Primary are working in partnership with the Family Learning Team to provide opportunities for parents online through Natter and Chatter sessions and Mental Health programmes. Pupils are also being supported to lead learning at home.

- ⇒ Mental Health Improvement—A Practical Approach
- ⇒ Young Stem Leader
- ⇒ Read Write Count
- ⇒ Supporting Children's Wellbeing
- ⇒ Virtual STEM Leader



# Mental Health Improvement

## A practical Approach

### Aims

- Provide a supportive space to discuss and explore concerns around wellbeing
- Consider Mentally Healthy Environments
- Explore tools and activities to reduce stress and support mental health improvement

An online parent programme delivered over 2 sessions. Parents took part in the NHS programme to explore and understand that Mental Health is not static and how we can consider ways to improve our own and others wellbeing

*'It gave me a better insight into North Ayrshire's approach to mental health. I now have access to materials and an awareness of the website, which will be useful in future. There are benefits to talking openly about the importance of good mental health, and this has probably been the biggest thing that I will take away from these sessions.'* – Bs Mum

### Outcomes achieved through 1 completed evaluations

<b>100%</b>	<b>Healthy-</b> Parent/Carer knows how to support their child's development and emotional needs
<b>100%</b>	<b>Nurture-</b> Family interacts positively through play/interactions
<b>100%</b>	<b>Included-</b> Family is more involved in their school community through attending a range of school and family learning opportunities

# Young STEM Leader Award

## Aims

- Support pupils to lead STEM activities and discussions at home
- Support families to understand how STEM is used in everyday life
- Pupils achieve their level 2 YSL award

Pupils and their families signed up to take part in the Young STEM leader award. The family learning worker supported pupils in an 8 week programme where pupils were empowered to design and plan STEM learning at home.

The group were enthusiastic about all their home tasks, got involved in some fantastic discussions around STEM careers, stereotypes and other topics. 2 pupils have completed the Award and the rest of the group will be supported when school returns this term.

*'I love coming to STEM, I am really enjoying it and working at home with my family with experiments' Cameron*

## Outcomes achieved through 2 completed evaluations

100%	<b>Achieving-</b> Parent/Carer gains knowledge and understanding of how their child/young person learns in school and how to support their learning at home
100%	<b>Nurture-</b> Family interacts positively through play/interactions
100%	<b>Included-</b> Family is more involved in their school community through attending a range of school and family learning opportunities

## Young STEM Leader Award

Over 8 weeks families took part in 4 badges to achieve their YSL2 award.

### Discover

Pupils were able to demonstrate an understanding of STEM, discover STEM careers and challenge STEM stereotypes. This badge also provided the pupils with an opportunity to write/talk about a STEM activity they have taken part in.



### Create

Pupils created and planned to lead a STEM activity which they experimented with at home. As part of their home task, families either chose to carry out a Lemon Volcano experiment or create their own Air Powered Car.

### Inspire

Pupils were asked to think about which STEM group, person or event has inspired them and why. They explored what makes a STEM learning experience inspirational and planned to lead and present an inspirational



### Lead

Pupils were able to demonstrate their team working and leadership skills as they lead a presentation detailing how they created a catapult and a gas using a chemical reaction.

## Young STEM leader award Family Feedback



*'This is so much fun, I liked chatting about STEM' Beau*

*'C has catapulted pom-poms, conkers, marbles and anything else that will fit, all week' Cameron's parent*



*I really enjoyed doing the egg drop challenge at home with my family. I love coming to STEM, I am really enjoying it and working at home with my family with experiments' – Cameron*

*As a family we enjoyed spending time together doing fun experiments and talking about possible career options. K and I both thought the programme was great, we got to do great experiments together and really enjoyed doing this' Kaiden Mum*

*I liked doing the secret leader activity, it was good fun and made us all laugh. STEM Charades was one of my favourites too.' Kaiden*

*Beau has loved it and speaks confidently about what she's being doing with you. Beau's mum*

# Read, Write, Count

## Aims

- **An opportunity to explore literacy and numeracy resources for home.**
- **Encourage families to engage in their child's learning and understand how to support learning at home.**

Due to current restrictions, Read, Write, Count moved to an online platform where parents learned activities from the Primary 2 and 3 packs to support writing, reading at counting at home. Families were invited to join a live online reading and a range of 'How to' guides were shared across social media and on the Family Team Website. Jade visited both Primary 2 and 3 classes to gift their packs this year.

Jade visited the classes and delivered a Read, Write, Count workshop to pupils in both classes.



# Supporting Children's Wellbeing Online

## Aims

- Provide a supportive space to discuss and explore concerns around wellbeing
- Understand the connection to our thoughts, feelings and behaviours
- Learn a range of techniques to support children's wellbeing

An online parent programme delivered over 4 sessions to help parents understand the connection of thoughts, feelings and behaviours and explore techniques to support their child.

- Understanding unhelpful thinking
- The tricky brain and the importance of self compassion
- Emotions and physical sensations

Both families were provided with The Little Book of Wellbeing ideas to help build their own toolkit with techniques and activities.

*I think these sessions are a great idea and I would definitely attend more in future. The Family Learning Team were great – really open, welcoming and they created a supportive environment. I now feel like I have a bit more knowledge about my son's mental health and the resources will come in handy in the future.*

*(Emma Nardini, Parent)*

## Outcomes achieved 2 through participation

<b>100%</b>	<b>Healthy-</b> Parent/Carer knows how to support their child's development and emotional needs
<b>100%</b>	<b>Nurture-</b> Family interacts positively through play/interactions
<b>100%</b>	<b>Included-</b> Family is more involved in their school community through attending a range of school and family learning opportunities



# January Live Online Sessions

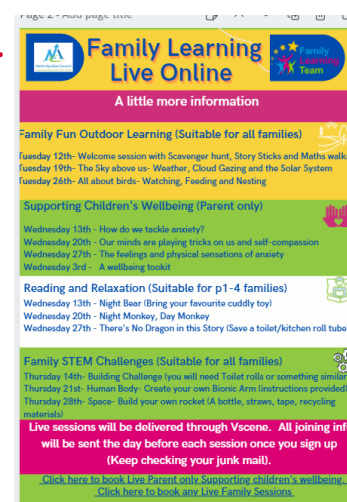
## Aims

- Support families to take part in learning activities at home.
- Provide opportunities for families to learn together.

A range of live online sessions were offered by the team. This includes:

- Family Outdoor Learning
- Reading and relaxation
- Family STEM

4 families signed up but only 1 family made the live STEM sessions during school closures.



*It was something different, being together, being creative and a break from work-sheets. It was great interacting with other children and adults. Taking part in something creative, building, making something worked really well.*  
(Parent, Louise Allan)

## Outcomes achieved through 1 completed evaluations

100%	<b>Achieving-</b> Parent/Carer gains knowledge and understanding of how their child/young person learns in school and how to support their learning at home
100%	<b>Nurture-</b> Family interacts positively through play/interactions
100%	<b>Included-</b> Family is more involved in their school community through attending a range of school and family learning opportunities

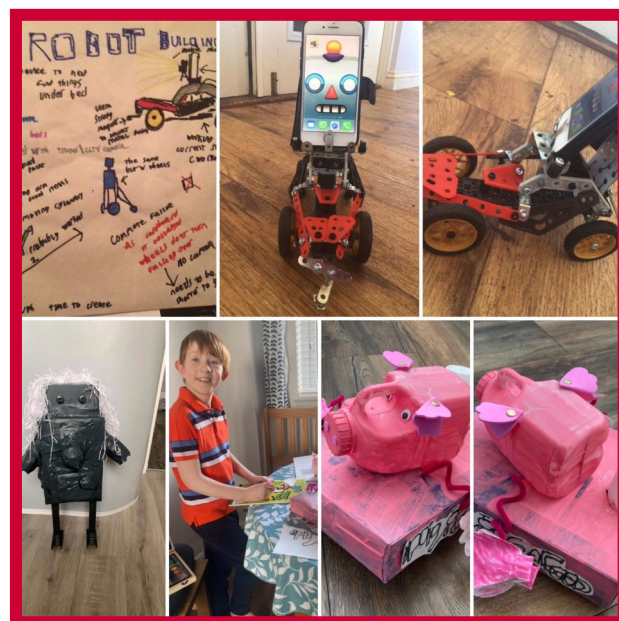


# Virtual Young STEM Leader Award

## Aims

- Support pupils to lead STEM activities and discussions at home
- Support families to understand how STEM is used in everyday life
- Pupils achieve their level 2 YSL award

1 pupil, along with their family, are participating in the Family Learning Team's virtual Young STEM leader award. The Family are supported pupils in an online 8 week programme where families attend online sessions with the team and then complete STEM learning tasks at home.



## Outcomes achieved through participation

	<b>Achieving-</b> Parent/Carer gains knowledge and understanding of how their child/young person learns in school and how to support their learning at home
	<b>Nurture-</b> Family interacts positively through play/interactions
	<b>Included-</b> Family is more involved in their school community through attending a range of school and family learning opportunities

## Outcomes met 2019/20

**6 completed evaluation out of 12 families attended**

<b>100%</b>	<b>Healthy-</b> Parent/Carer knows how to support their child's development and emotional needs
<b>100%</b>	<b>Achieving-</b> Parent/Carer gains knowledge and understanding of how their child/young person learns in school and how to support their learning at home
<b>100%</b>	<b>Nurture-</b> Family interacts positively through play/interaction
<b>100%</b>	<b>Included-</b> Family is more involved in their school community through attending a range of school and family learning opportunities

## Evaluations based on HGIOS4

### 2.5 Family learning

**Teacher evaluations to be completed at the end of Young STEM Leader**

	Partnership with the Family Learning Team enhances opportunities for family learning
	Families receive high-quality universal and targeted support that enables them to access learning activities which meet their needs
	Family Learning opportunities are leading to stronger relationships between home-school links which are improving outcomes for learners

# Supporting families through school closures

Families were offered a range of live sessions as listed below.

	Signed up	Attended
Supporting Wellbeing	2	2
STEM	3	1
Outdoor learning	2	
Reading & Relaxing	0	0

Number of completed surveys	7	Follow on information
Number of families interested Family Learning Sessions (Live/Pre-recorded )	5	Joining links sent but did not attend. Pre-recorded materials.
Parents interested in Mental Health Improvement and/or Supporting Children's wellbeing	3	All information for upcoming sessions will be sent to parents
Interested in either Virtual Award programmes	2	1 family have registered and currently taking part in Young STEM Leader programme. John Muir Award information event sent to 1 family but did not attend.

## TERM 3 Support for schools

- ◇ Range of pre-recorded materials on [www.nacfamily.earning.weebly.com](http://www.nacfamily.earning.weebly.com)
- ◇ Virtual YSL and John Muir Award programmes
- ◇ Virtual Easter Programme
- ◇ Parent wellbeing online programmes
- ◇ Outdoor Learning in school