**S1 Scheme of Work – Home Economics**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Unit of work** | **Structure** | **E’s and O’s covered** | **Resources** | **Assessment** |
| **S1 Food Unit**  **Areas covered:**   * Kitchen Safety * First Aid * Kitchen Hygiene * Kitchen Equipment * Washing up * Reading a recipe * Weighing and Measuring * Use of the cooker * Food Storage * S1 Practical Cookery   **S1 Sewing Unit**  **Areas covered:**   * Safety in textiles * Sewing Terms * Ironing * Cutting * Pinning * Tacking * Embroidery   **S1 Design and make a Smoothie Challenge**  **Areas covered:**   * Pupils are asked to design and make a smoothie as part of the BNF Healthy Eating Week. In doing this they must complete the following stages: * Reasearch, investigate and plan the smoothie * Carry out the task * Review the success of the task | **August – Dec (10 weeks)**  Practical Cookery & Theory  **Jan – Easter (7 weeks)**  Sewing  **Easter – June (10 weeks)**  Practical Cookery & Theory   * To include at least 1 lesson for research, 1 lesson for practical, 1 lesson for self assessment and review | **Practical Cookery & Theory**  HWB 3-30a  HWB 3-31a  HWB 3-32a  HWB 3-33a  HWB 3-34a  HWB3- 36a  TCH 3-10b  TCH 3-11a  MNU 3-11a  LIT 3-13a  **Sewing**  TCH 3-10a  TCH 3-10c  TCH 3-11a | **Practical Cookery & Theory**   * S1 Food Work book * S1 Food Info book * S1 Recipes * Food Storage Worksheet * Use by date worksheet * Peer assessment worksheet * Teacher assessment worksheet * Written assessment   **Sewing**   * Sewing patterns * Needles * Thread * Task sheets * Design and make a smoothie work booklet | * Practical – Rockbun peer and teacher assessment * Written assessment * Practical – Felt Bug * Written assessment * Self assessment – students will review and evaluate the success of their own project. |