**Auchenharvie Academy**



**Health and Wellbeing Across Learning Strategy**

**2019-20**

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|  | Good Practice across learning | Staff | Timescale | Intended impact | Monitoring progress |
| Pupils | Continue to work through Broad and varied BGE curriculum in PE with assessment focused around benchmarks  Young abassadors and NASA pupilsl to encourage new members to get involved  Continue to deliver Scottish Diet programme in HE with assessment focused around benchmarks  External agencies input in HE to continue eg Junkfood Roadshow and local chefs  Continue to deliver HWB unit of work in Skills/PSE lessons as well as wider topics covering Personalisation and Choice, Relationships, ….  HWB topics included in House assemblies | All PE staff  Active Schools and Young Ambassadors  HE staff  FH HWB and HE staff  All skills/PSE staff  SLT/House Reps | Aug’19 –June’20  Aug ’19 – June’20  Aug’19 – June’20  Feb/March ‘20  April’20  Aug’19 –June’20 | Pupils MESP wellbeing developed  Evaluate progress of impact of 2018/19 leaders  Pupils educated on healthy eating and taking this into later life  Pupils educated on healthy eating and taking this into later life. Pupils work with chefs to develop skills for life and work. Chef visit can also inspire pupils to follow career path in hospitality.  Importance of sleep, drinking water, healthy eating, staying active encouraged and re-inforced to all pupils  Pupil awareness of whole school approach to HWB | BGE assessment and Pupil Voice  Regular meetings and feedback shared with dept and whole school  BGE assessment and pupil conversations  Pupil knowledge/pupil destinations.  Pupil/staff feedback sheets completed |
| Staff | HWB working group to organise whole school HWB event to be held in Jan’20    CPD opportunities for staff who are delivering specific HWB topics in skills/PSE | HWB working group staff/active schools/ outside agencies  Whole school staff | Aug ’19 – Jan’20  Ongoing | Whole school awareness of HWB across learning  Staff fully engaged with delivery of HWB across learning  Staff confident in the delivery of these topics | Staff/pupil feedback  Staff/pupil feedback |
| Parents/Carers | Parental HWB event (evening) run inconjunction with pupil HWB event  Parents have opportunity to engage in pupils HWB experiences through attendance at school sports fixtures and social media  Extra-curricular programme discussed and promoted at parents evenings and in reports | HWB working group/Outside agencies  Staff leading extra-curricular  HWB staff | Jan’20  Ongoing  Ongoing | Parental awareness of HWB topics delivered in school. Parents knowledge increased in these areas  Parental awareness of pupil opportunities provided  Parental awareness of pupil opportunities provided | Parent feedback/survey  Parental/teacher discussion  Parental/teacher discussion |