

# School Non-Attendance



## School stressors

Environmental (busyness, school flexibility, sensory).  
 Academic (high demand, low self-esteem and resilience).  
 Social (friendships and/or bullying).

## Separation anxiety

Bereavement, family changes, illness, abuse, trauma.



## Potential Barriers To Attendance

## Uncomfortable feelings

Low sense of belonging, worry, anxiety or low mood.

## Tangible reinforcers outside of school

E.g. going shopping, sleeping or playing games during school time.

## What Can Schools Do?

Develop pupils sense of belonging and school connected-ness.

Take a whole school approach to promote wellbeing and build resilience.

Be PROACTIVE, rather than REACTIVE!

Take a compassionate and understanding approach around attendance communications.

Have clear systems for the early identification of attendance difficulties.