



*Bucket Filling at
Linkwood primary*



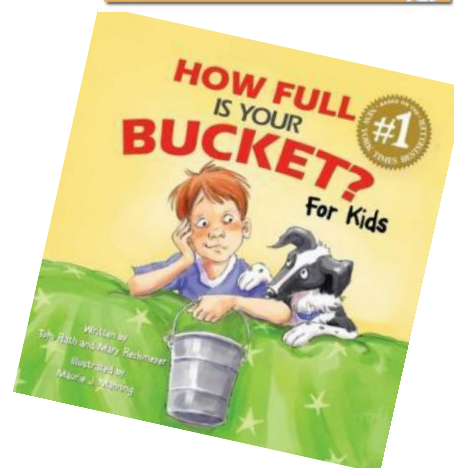
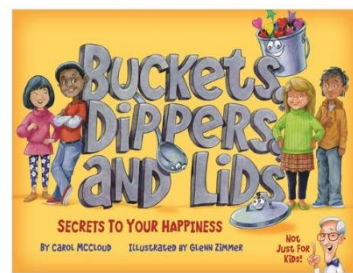
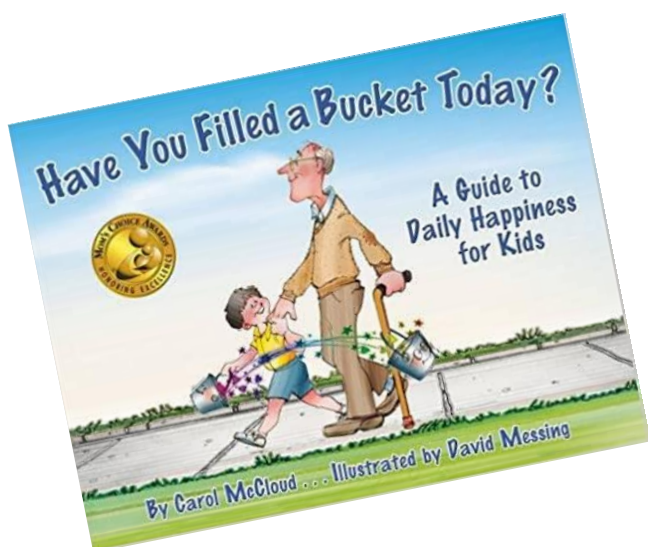
What is 'Bucket Filling'?

Bucket filling is a philosophy which underpins the very positive behaviour at Linkwood School and is understood by all of our pupils. It also support children's emotional development and self regulation.

The basic idea is that everyone carries an invisible bucket that holds our good thoughts and feelings. When our buckets are full, we feel happy and when our buckets are empty, we feel sad. Children quickly understand that they can fill buckets when they do and say things that are kind, considerate, caring, and respectful.

They also learn that when they are mean, inconsiderate, uncaring, or disrespectful, they dip into buckets and remove those good feelings. Even the youngest child understands that actions and words can either fill a bucket or dip into it.

We use the following stories to share this learning and developing understanding of taking control of our emotions and actions:



There is a super clip on You tube with the author of these book, Carol McCloud retelling 'Have You Filled a Bucket Today?

<https://www.youtube.com/watch?v=JEg38zCOMgk>

There's also a great website for ideas to use at home and school:

<https://bucketfillers101.com/about-us/>

Developing a 'Bucket Filling' Ethos Through Our School Values

We have four school values which we look for in everyone, every day at Linkwood Primary. These support the 'Bucket Filling' philosophy and Linkwood Lilli reminds us of these:



Catching 'Bucket Fillers'

In school we teach children what our values mean through whole school assemblies and class inputs. We try and catch children demonstrating our values and being 'bucket fillers' in class, in the corridors, in the playground and at home.

When we spot a 'bucket filler' - someone who is showing exceptionally kind, responsible, positive or creative behaviour, we complete a star. These are collected in at the end of the week and we have a 'bucket-filling' lucky dip at assembly and share some of the stars.



The stars are then displayed in the foyer for visitors to read and later stuck into your child's 'Personal Learning Profile'. If we catch your child being a 'bucket filler' we try to remember to give them a sticker so you are alerted and you can ask them what they did to be noticed.



Each class has a wall display to recognise when individuals are bucket fillers at home, at school, and everywhere they go.

If you catch your child filling someone's bucket at home— please use the stars sent home in induction packs and attached regularly to newsletters to tell us about it.

We'd love to hear about it.