**COVID-19 Vaccine suggested social media**

**Unpaid Carers aged 16 and 17**

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If you are aged 16 or 17 and care for someone due to old age, physical or mental illness, disability or for an addiction you may be eligible for the COVID-19 vaccine now. Visit [https://nhsinform.scot/carersregister](https://protect-eu.mimecast.com/s/aCLiCY6YguAmvJMC0JJ0k?domain=nhsinform.scot) or call 0800 030 8013.

If you are aged 16 or 17 and regularly help someone with shopping, preparing meals, washing and dressing you may be eligible for the COVID-19 vaccine now. Visit [https://nhsinform.scot/carersregister](https://protect-eu.mimecast.com/s/aCLiCY6YguAmvJMC0JJ0k?domain=nhsinform.scot) or call 0800 030 8013.

If you are aged 16 or 17 and provide vital and regular face-to-face emotional support to someone with a long-term health condition you may be eligible for the COVID-19 vaccine now. Visit [https://nhsinform.scot/carersregister](https://protect-eu.mimecast.com/s/aCLiCY6YguAmvJMC0JJ0k?domain=nhsinform.scot) or call 0800 030 8013.

Those aged 16 or 17 who regularly provide vital face-to-face care to a family member, friend or neighbour may be eligible to register for the COVID-19 vaccine now. Visit [https://nhsinform.scot/carersregister](https://protect-eu.mimecast.com/s/aCLiCY6YguAmvJMC0JJ0k?domain=nhsinform.scot) or call 0800 030 8013.