



## Royal Medical Society S4 – S6 Essay Competition

The Royal Medical Society, Edinburgh is holding its first essay competition! The competition is open to anyone with an interest in medicine, medical sciences and STEM, but we recommend S4-S6 pupils give it a go.

Essays should be a maximum of 800 words and can be written on one of the following three questions:

1. **28% of Scottish children and 65% Scottish adults are either overweight or obese. How do we as healthcare providers get Scotland active again?**
2. **What innovation is most likely to revolutionise the provision of sport and exercise healthcare in the next ten years?**
3. **What is the biggest healthcare problem currently facing the UK?**

In the essays, we are looking for a well communicated, well-structured argument, with demonstrations of knowledge, understanding, analysis and research. We are also looking for novel, innovative ideas, so think out of the box! Entries will receive a certificate of participation, and the top 5 essayists will be invited to attend our national conference on Saturday 7<sup>th</sup> March 2020.

Entries should be e-mailed to [conference@royalmedical.co.uk](mailto:conference@royalmedical.co.uk) no later than 5pm, 1<sup>st</sup> February 2020. They should be headed with your full name, school, year and preferred contact e-mail.

National Undergraduate Conference  
**SPORTS + EXERCISE MEDICINE**

Saturday 7th March 2020  
Old Medical School, Teviot

Royal Medical Society  
Founded 1737