

OUR SCHOOL LUNCH MENU

2022

REVISED MENU



WEEK 1

[v] Vegetarian
[vv] Vegan

	Monday	Tuesday	Wednesday	Thursday	Friday
Green Choice	<ul style="list-style-type: none"> • cheese & tomato pizza [v] • potato wedges • baked beans • mixed salad 	<ul style="list-style-type: none"> • breaded chicken goujons • potatoes • sweetcorn • mixed salad 	<ul style="list-style-type: none"> • macaroni cheese [v] • garlic bread • peas • carrots 	<ul style="list-style-type: none"> • steak pie • potatoes • carrots • broccoli 	<ul style="list-style-type: none"> • chicken sausages with optional gravy • potatoes • peas • sweetcorn
Yellow Choice	<ul style="list-style-type: none"> • chicken roll baguette • pizza finger • carrot sticks • mixed salad 	<ul style="list-style-type: none"> • tuna mayo wrap • mini scone • cucumber • mixed salad 	<ul style="list-style-type: none"> • egg mayo roll [v] • mini chicken sausage • pepper sticks • mixed salad 	<ul style="list-style-type: none"> • ham baguette • rice salad • cucumber sticks • mixed salad 	<ul style="list-style-type: none"> • cheese wrap • pasta salad • cucumber sticks • mixed salad
Orange Choice		<ul style="list-style-type: none"> • falafel slice [vv] • mashed potatoes • sweetcorn • mixed salad 		<ul style="list-style-type: none"> • vegetable pie [vv] • potatoes • carrots • broccoli 	<ul style="list-style-type: none"> • vegetarian sausages [v] with optional gravy • potatoes • peas • sweetcorn
Pudding	<ul style="list-style-type: none"> • fresh fruit with optional natural yoghurt 	<ul style="list-style-type: none"> • oatie biscuit with fruit salad • fresh fruit with optional natural yoghurt 	<ul style="list-style-type: none"> • fresh fruit with optional natural yoghurt 	<ul style="list-style-type: none"> • mandarins with gingerbread sponge • fresh fruit with optional natural yoghurt 	<ul style="list-style-type: none"> • fresh fruit with optional natural yoghurt

WEEK 2

[v] Vegetarian
[vv] Vegan

	Monday	Tuesday	Wednesday	Thursday	Friday
Green Choice	<ul style="list-style-type: none"> • beef casserole • potatoes • peas 	<ul style="list-style-type: none"> • tomato pasta [vv] • wholemeal roll • sweetcorn • mixed salad 	<ul style="list-style-type: none"> • chicken pie • potatoes • carrots • green beans 	<ul style="list-style-type: none"> • butcher beef burger in roll • chips • peas • sweetcorn 	<ul style="list-style-type: none"> • roast chicken and optional gravy • potatoes • broccoli • cauliflower
Yellow Choice	<ul style="list-style-type: none"> • ham baguette • pasta salad • carrot sticks • mixed salad 	<ul style="list-style-type: none"> • egg mayo wrap [v] • mini-cheese wheel • pepper sticks • mixed salad 	<ul style="list-style-type: none"> • cheese wrap [v] • plain scone • carrot sticks • mixed salad 	<ul style="list-style-type: none"> • salmon mayo roll • mini chicken sausage • pepper sticks • mixed salad 	<ul style="list-style-type: none"> • tuna mayo baguette • rice salad • cucumber sticks • mixed salad
Orange Choice	<ul style="list-style-type: none"> • lentil and vegetable casserole [vv] • potatoes • peas 		<ul style="list-style-type: none"> • vegetable parcel [vv] • potatoes • carrots • green beans 	<ul style="list-style-type: none"> • vegetarian burger in roll [v] • chips • peas • sweetcorn 	<ul style="list-style-type: none"> • vegetable balls in gravy [vv] • potatoes • broccoli • cauliflower
Pudding	<ul style="list-style-type: none"> • fresh fruit with optional natural yoghurt 	<ul style="list-style-type: none"> • cornflake biscuit with fruit salad • fresh fruit with optional natural yoghurt 	<ul style="list-style-type: none"> • fresh fruit with optional natural yoghurt 	<ul style="list-style-type: none"> • fresh fruit with optional natural yoghurt 	<ul style="list-style-type: none"> • chocolate sponge with pears • fresh fruit with optional natural yoghurt

WEEK 3

[v] Vegetarian

[vv] Vegan

	Monday	Tuesday	Wednesday	Thursday	Friday
Green Choice	<ul style="list-style-type: none"> • chicken and broccoli bake • carrots • sweetcorn • peas 	<ul style="list-style-type: none"> • beef bolognaise • spaghetti • carrots • mixed salad 	<ul style="list-style-type: none"> • sausage roll • potatoes • baked beans • mixed salad 	<ul style="list-style-type: none"> • macaroni cheese [v] • garlic bread • carrots • peas 	<ul style="list-style-type: none"> • chicken curry • rice • cauliflower • broccoli
Yellow Choice	<ul style="list-style-type: none"> • tuna mayo wrap • pasta salad • cucumber sticks • mixed salad 	<ul style="list-style-type: none"> • chicken roll • rice salad • carrot sticks • pepper sticks 	<ul style="list-style-type: none"> • ham baguette • pizza finger • cucumber sticks • mixed salad 	<ul style="list-style-type: none"> • egg mayo roll [v] • mini scone • pepper sticks • mixed salad 	<ul style="list-style-type: none"> • cheese wrap [v] • pasta salad • carrot sticks • mixed salad
Orange Choice	<ul style="list-style-type: none"> • broccoli pasta bake [vv] • carrots • sweetcorn • peas 	<ul style="list-style-type: none"> • Vegetable bolognaise [vv] • spaghetti • carrots • mixed salad 	<ul style="list-style-type: none"> • vegetarian sausage roll [vv] • potatoes • baked beans • mixed salad 		<ul style="list-style-type: none"> • vegetable and lentil curry [vv] • rice • cauliflower • broccoli
Soup / Puddings	<ul style="list-style-type: none"> • spiced bun with fruit salad • fresh fruit with optional natural yoghurt 	<ul style="list-style-type: none"> • fresh fruit with optional natural yoghurt 	<ul style="list-style-type: none"> • fresh fruit with optional natural yoghurt 	<ul style="list-style-type: none"> • fresh fruit with optional natural yoghurt 	<ul style="list-style-type: none"> • lemon sponge with mandarins • fresh fruit with optional natural yoghurt

WEEK 4

[v] Vegetarian
[vv] Vegan

	Monday	Tuesday	Wednesday	Thursday	Friday
Green Choice	<ul style="list-style-type: none"> • tomato pasta [vv] • wholemeal roll • sweetcorn • peas 	<ul style="list-style-type: none"> • salmon and sweet potato fishcake • potato wedges • baked beans • mixed salad 	<ul style="list-style-type: none"> • butcher sausage in roll • potatoes • sweetcorn • mixed salad 	<ul style="list-style-type: none"> • chicken pie • potatoes • peas • carrots 	<ul style="list-style-type: none"> • roast beef and optional gravy • potatoes • broccoli • carrots
Yellow Choice	<ul style="list-style-type: none"> • cheese roll [v] • mini scone • pepper sticks • mixed salad 	<ul style="list-style-type: none"> • ham roll • pasta salad • carrot sticks • mixed salad 	<ul style="list-style-type: none"> • egg mayo wrap [v] • mini cheese twist • pepper sticks • mixed salad 	<ul style="list-style-type: none"> • tuna mayo wrap • mini sausage • carrot sticks • mixed salad 	<ul style="list-style-type: none"> • chicken roll • rice salad • pepper sticks • mixed salad
Orange Choice		<ul style="list-style-type: none"> • spring roll [vv] • potato wedges • baked beans • mixed salad 	<ul style="list-style-type: none"> • vegetarian sausage in roll [v] • potatoes • sweetcorn • mixed salad 	<ul style="list-style-type: none"> • savoury rice [vv] • peas • carrots 	<ul style="list-style-type: none"> • vegetable loaf [vv] • potatoes • broccoli • carrots
Soup / Puddings	<ul style="list-style-type: none"> • flapjack with fruit salad • fresh fruit with optional natural yoghurt 	<ul style="list-style-type: none"> • plain muffin with peaches • fresh fruit with optional natural yoghurt 	<ul style="list-style-type: none"> • fresh fruit with optional natural yoghurt 	<ul style="list-style-type: none"> • fresh fruit with optional natural yoghurt 	<ul style="list-style-type: none"> • fresh fruit with optional natural yoghurt



fresh milk

from Graham's Dairy in Nairn



free range eggs

from Allarburn in Elgin



seasonal vegetables

from Swansons Fruit & Veg in Elgin



quality meat

from Fraser Brothers Butchers in Forres



Check out our video on YouTube:
<https://youtu.be/-L0bBhvV16U>

