Top Tips for Learners

Before going to school:

- If you feel unwell, tell someone at home – are you hot, have a constant cough or lost your sense of smell and taste?
- Make sure you have breakfast
- Make sure you have packed everything you need for the day including your own hand sanitiser, mask and tissues if you want
- Remember to bring your own packed lunch if you are having one that day
- Check if you need your PE kit today
- Leave anything you don't need at home (for example, toys, games and devices)
- Wash your hands before you leave the house (20 seconds)
- Avoid touching your face, eyes and mouth at all times

When travelling on school or public transport:

- If you can, walk, cycle or scoot to school as a healthier option
- Hand sanitise before going on to school or public transport
- Wear a mask if you want to (remember to do this on public transport)
- Don't eat or drink on transport
- Take your rubbish with you and place it in a bin on leaving transport
- Avoid touching seats, handles and surfaces if you can
- Keep 2 metres away from adults

When arriving at school:

- Arrive as near to the start of the school day as you can – don't be late!
- Avoid gathering with others in groups
- Follow instructions from adults
- Wash your hands and hand sanitise
- Avoid standing at busy areas – for example, at entrance doors
- Be kind and respectful at all times and follow rules for everyone's safety
- Carry your personal belongings with you at all times – lockers and coat pegs will not be in use

During the school day:

- Wash your hands regularly, dry them properly and hand sanitise
- Move around the school and classroom only when you need to
- Use toilets at break and lunch times where possible - moving around during class times will be limited
- Put your coat on the back of your chair
- Put your bag and packed lunch on the floor – do not place this on tables or surfaces/worktops
- Stay in your own chair
- Don't share equipment
- If you use tissues to sneeze/cough, put them in the bin and wash your hands
- Avoid touching other people, handshakes and hugs
- Smile and wave at other people to greet them
- Follow instructions given by staff
- If you feel unwell at any time, tell a teacher or an adult straight away

At break and lunch times:

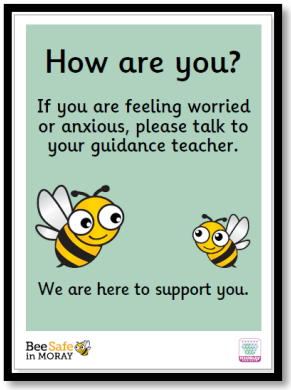
- Wash your hands and hand sanitise
- If you feel unwell, tell someone straight away which may involve going to the School Office
- You will be told when and where to go for lunch
- Put all rubbish in bins provided
- There may be different toilets for your class or year group – use the correct ones!
- Adults on duty will help you when moving around the school – please follow their instructions to keep everyone safe

At the end of the school day:

- Follow instructions of school staff
- Leave the building, taking all personal items with you
- Use the correct exit route and exit door
- Avoid gathering outside the school building or on the way home from school
- Be kind and respectful to people and the area around the school

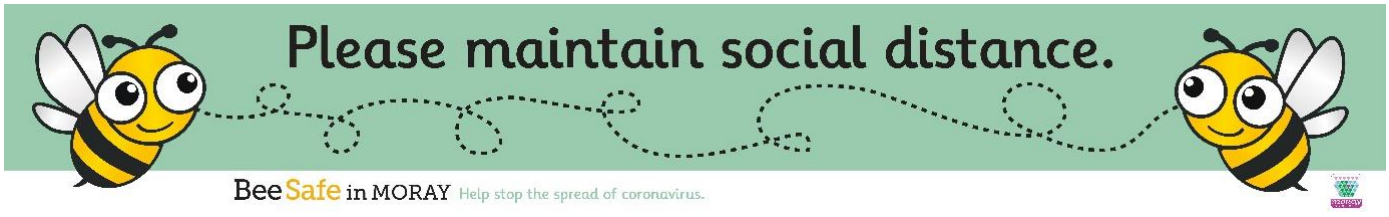
When you return home:

- Wash your hands and hand sanitise
- You may want to change out of your school uniform
- Remember to do your homework or studying



At all times:

- Please be kind and think of others
- Please follow all rules, arrows and instructions
- Try your best and be supportive of one another
- Enjoy being back at school and your learning

We will do everything we can to make you feel safe in school and to support you with your learning.

In the very unlikely event that you are unable to follow the above advice and expectations for keeping everyone safe, we will contact your parent/carer to collect you from school.