

## Bishy's Big, Bright and Bendy Boa!



During Health Week 2020 we would like to invite all pupils to decorate a stone. Take your time, plan and enjoy the process. The process should be a calming, mindful task. The brighter and more colourful, the better. Some examples are provided below.

Once completed, walk, run or scoot to the school's playground and add it to our Boa snake. By the end of the Health Week, we hope to have a big, bright, bendy Boa, created with stones, winding around the playground.

We plan to then make a permanent display with all the stones in the school grounds so why not add your name or initials, class, year, a wee message that you can revisit in years to come.

Miss McNab will put some spare stones down in the playground for anyone who is struggling to find one and will start the Boa with her own designer stone.

Happy designing and enjoy.

