**“Where am I?” Wednesday Challenge**

These challenges are things that can be included into your daily exercise outings, if you can manage. They are just ideas and a little bit of fun and healthy competition. Do as many or as little as you like, even adapt or create your own to suit yourselves. Open for all to take part; pupils, siblings, parents, carers, dogs, teachers, young and old! Please enjoy, keep safe and keep active. ☺

**Tasks**

1. **Where are Skye and I**???

Can you visit here and re-enact our selfies (or take a better one)? It took Skye and I 6mins and 19secs to walk 0.8miles to get here from our starting point. I bought a hot chocolate from our starting point (***a clue***) **Can you time yourself cycling/walking here from your house? Can you record how far or how many steps (on Fitbits etc) it takes you?**

1. **The main challenge is getting here as it is quite far but here are three little challenges to do once you get here:**

* **How many giant steps does it take you to cross the bridge?** I took 24
* **How fast can you run across the bridge?**
* **How many times can you run up and down the little hill at the bridge before you have to stop/slow down?**

I’d love to hear from you if you try any of these challenges by commenting on my tweet or emailing me through twitter. Any photos, answers, times, recordings would all be welcome, and your comments might even motivate others.

Enjoy… I’ll post on Tuesday night my location and then on Wednesday I’ll post a new location with new challenges.