

## What you will need:

- A medium-sized cardboard box
- Scissors
- One long gym sock
- Items to fill the box (for example, cup, spoon, ball, block, fruit, sponge, rock, a small bell, cotton ball, pine cone, feather, wood letters or numbers)

## Instructions:

Cut two holes in two different sides of the box. The holes should be big enough for your hands to fit into.

Over one hole, use strong tape to attach a long gym sock over the hole so you can put your hand in the sock and reach into the box. Leave the other hole open.

Add items to the box.

The children reach into the box and try to identify objects.

See how many items they can identify with the sock on their hand. See if they are more successful if they reach directly into the box through the open hole.

Let them see what was inside the box.

See how easy it is now when all senses are restored!