



SHANARRI

We have been learning about Keeping Healthy. We have looked at SAFE, HEALTHY, ACHIEVING, NURTURE, ACTIVE, RESPECT and RESPONSIBLE.

We are now going to
look at the last
letter of Shanarri
which is I for
INCLUDED.



At school you are **INCLUDED** in lots of different ways. You are part of the class and are included when you play and when you do your learning. You are **INCLUDED** at home, you are part of your family. Look at the pictures on the next page and chat to someone at home about how you are **INCLUDED** at school and at home.

Included



Friends



Working Together



Voice is Heard



Family



Take Part



Contributes

Sometimes children need a little bit of extra help to be able to join in and be or feel INCLUDED. This help can be from a friend or an adult or maybe from some special equipment.

Activity 1

Let's Imagine...

- You have been invited to your friend's house but you don't want to go because they have a dog and you're a bit scared of dogs. Who or what could help you?.....*chat to your grown up with ideas.*
- It is the school sports day races soon and you have broken your arm and can't race. How can you still be included in all the fun?.....*chat to your grown up with ideas.*

Activity 2

Some children can't hear well. Maybe they can't hear anything, this is called being deaf. That must make things very tricky for them but there are lots of people, equipment or skills that can help them be included in everything their friends do. One thing that can help is learning sign language. This is when you speak with your hands. One form of sign language is called Makaton.

Have a look at this clip and learn how to sign some wild animals

https://youtu.be/YCnwpA_SW5s

Listen to the story Dear Zoo

<https://youtu.be/XoHn8rLj9pc>

Enjoy learning a little bit of sign language. I'd love it if we could play a guessing game. Could your grown up please take a film of you doing the sign for one of the wild animals and upload it onto Seesaw. I can then share it with your class and we can have a guess. It'll be fun!! I wonder which one you'll choose to sign??



Love from Mrs Kendrick x