



In Primary 1 we have been learning about Keeping Healthy.

In class we have looked at SAFE, HEALTHY, ACHIEVING and NURTURE.

For the last 2 weeks at home we have looked at ACTIVE.

Now we are going to look at the sixth letter of Shanarri which is R for RESPECT.



When we talk about our ACORN values at school we know that R is for RESPECT, respecting yourself, each other and property. Look at the pictures on the next page and chat to someone at home about how you are respected and listened to at school. Think about who listens to your thoughts, feelings and ideas at home.

Respected



Listened To



Ideas are
Valued



Involved



Makes Choices

It's very important to respect others too. We show respect by listening to and thinking of others.

We have heard in the news about doctors, nurses and other NHS workers looking after people who are in hospital. Our activity is going to be about showing our respect to these people.

Activity

Lots of people have coloured in rainbows and put them in their windows to show respect to the NHS workers. Here are some fun ideas to show your respect and spread colour and happiness to others.

- Paint or draw a rainbow and put it in your window
- Paint a rainbow or a bright flower/butterfly/heart on a stone and leave it for someone to find when you go for a walk

- Tie a drawing or even a bright ribbon on to a tree/bush when you go for a walk near your house. You might start a rainbow tree for your street.



Send in a photo of your lovely ideas to Seesaw. We would love to see them!!!

Love from Mrs Kendrick, Mrs Grimson, Mrs Heald and Mrs Donegan x