



SHANARRI



This week we are going to keep on thinking about the fifth letter of Shanarri which is A for ACTIVE.

It is very important to keep our bodies active and healthy every day. We know there are so many fun ways to keep active.

Activity Time - Choose one of the following....

- 1) Create an obstacle course in your house or garden. Show your family how to complete it. Have a look at this one!

https://youtu.be/v7V_uKNvxvk

- 2) Make up a dance to your favourite song. Put on a show or teach your family how to do it or you could try this Space dance!

<https://youtu.be/Syx3oma-od4>

Have fun and share your photos on Seesaw! Love Mrs Kendrick x