

Name: \_\_\_\_\_

# Stroop Test

Say the names of the colors you see, not the colors you read. Go down the list as fast as you can.

green

red

orange

green

red

yellow

blue

orange

blue

green

blue

red

orange

yellow

green

blue

green

blue

red

green

orange

blue

glue 

glue 



Name: \_\_\_\_\_

## The Stroop Test

Say the name of each color below. Say the colors as quickly as you can.



Now read the color words. Read the words as quickly as you can.

**red, blue, green, yellow, blue**  
**red, blue, yellow, green, blue**

Now, take the Stroop test! Say the colors you see, not the colors you read.

**red, blue, green, yellow, blue**  
**yellow, blue, red, green, blue**  
**red, blue, yellow, green, blue**

If you found that last section to be tricky, you're not alone! Part of your brain is trying to read the words. The other part is trying to say the colors.

If you have trouble with the Stroop Test, it probably means you are a fluent reader. If you ask a young child who does not know how to read to take this test, they will probably be able to say the colors names much more quickly.