

P5-7 Newsletter Term 3, 2026

Theme/IDL: We will start the term learning about *Sustainability*, exploring energy conservation and different energy sources, while examining the links between renewable energy and sustainability. Following this, we will move on to learning about *Ancient Egypt*, exploring job roles in the past, how Egyptian beliefs influenced daily life, the process of mummification, the importance of the River Nile and significant events in Ancient Egyptian history.

Reading: We encourage reading for pleasure as much as possible to help improve fluency, widen vocabulary, and support spelling and writing. We will continue to explore different genres of books and ways in which authors ‘hook’ their audience and use particular vocabulary to fit the genre. During our group reciprocal reading, we continue to develop skills such as; predicting, analysing, summarising and clarifying texts.

Grammar: Pupils will learn to use personification in their writing as well as when to use past, future, present tense and formal/informal language.

Health & Wellbeing: (Please see attached letter) This term will focus on emotional wellbeing and image. Pupils will be learning about their bodies, feelings, and personal wellbeing and emotional and physical changes of puberty, including menstruation (P6/7). Additionally, pupils will learn to recognise forms of abuse reinforcing the message “My body is mine” while understanding consent and recognising and responding to bullying and peer pressure.

Music: It’s time to practise our annual Scottish Opera which P6/7’s will be performing this term. This year’s theme is *Dragon of the Western Sea*.

French: We will be learning to describe ourselves and others, share our likes and dislikes, talk about family and say where we live.

Writing: We will be exploring some poetry for a few weeks, before moving on to persuasive writing where we will be learning to use persuasive, emotive and rhetorical language.

P.E. We will focus on skills in gymnastics, badminton and dodgeball throughout the term, while refining our sportsmanship, and teamwork. We will continue to have our P.E. sessions on Tuesday afternoons and Thursday mornings.

Numeracy: Areas of numeracy we will be focusing on this term are; money, multiples, primes, fractions, decimals and percentages. We also continue to embed multiplication, division, addition and subtraction strategies and skills within a variety of contexts.

Many Thanks,

P5/6/7, Mrs Fletcher & Mrs Bekri-Watt

Dear Parents and Carers,

Over the coming weeks, P5/6/7 pupils will be taking part in a series of Health and Wellbeing lessons focused on **understanding their bodies, feelings, and personal safety**. These lessons are an important part of supporting children as they grow and develop.

The learning will include age-appropriate discussions around:

- Body image and learning the correct names for body parts.
- Emotional wellbeing and recognising feelings.
- The emotional and physical changes that occur during puberty.
- Personal hygiene and self-care during puberty.
- Menstruation (P6/7 only)
- Understanding consent through the message, “*My body is mine.*”
- Feeling safe and knowing how to protect oneself.
- Recognising that all forms of abuse, neglect, and unhealthy relationships are wrong.
- Bullying and managing peer pressure.

All lessons will be delivered in a sensitive, respectful, and supportive manner, with opportunities for pupils to ask questions in a safe environment.

If you have any questions or would like further information about this learning, please do not hesitate to contact the school.

Kind regards,

Mrs Bekri-Watt