



P5-7 Class Newsletter

Term 2 2025/2026

PE: P5-7 will continue to have their P.E. sessions on Tuesday afternoons and Thursday mornings. We will be keeping fit and active with some skipping techniques, and ending the term brushing up on our Scottish country dancing skills!

HWB/ IDL: This term our health and well-being topic is *Food and Nutrition*. Pupils will learn about the main food groups and how to create balanced meals, as well as where our food comes from. We'll also look at seasonal and cultural foods, discovering dishes from around the world. In addition, pupils will discuss sustainability by considering food waste and the environmental impact of what we eat. Finally, they'll develop practical skills in meal planning and budgeting to support healthy, thoughtful eating habits.

French: Tying in with our food topic, we will be learning how to say the names of some foods and practising ordering food in a café or shop, tasting some French foods. We will also be learning the names of some French towns in France.

Expressive Arts: Roll out the red carpet! P5-7 will get the opportunity to try out their acting skills through participating in a short play. If anyone has any reindeer or elf costumes we could borrow, we would very much appreciate it.

Hot Chocolate Check-In

Students are invited to check in with their teacher and friends over a cup of hot chocolate (juice if preferred) on Wednesday and Friday break times.

Writing: This term we'll be focusing on narrative writing. Students will be exploring the key elements of a story, including plot, build-up, conflict or main event and resolution, while also using our grammar skills to include detailed descriptions of characters and settings.

Reading: We encourage students to read as much as possible at home to help improve their confidence, widen their vocabulary, and help with spelling and writing. Students have the opportunity to choose a book from the school library for individual reading time in class. If they choose, their book can also fit into our termly genre, such as funny or spooky! We also have group reading sessions, encouraging skills such as predicting, summarising, questioning, and clarifying. Students have individual reading targets they set throughout the term.

Numeracy: We will continue to embed our knowledge of addition and subtraction strategies within a variety of contexts including problem solving. Additionally, we will be revisiting patterns and relationships, angles, symmetry and transformation, 2D/ 3D shapes and Time.

Many Thanks,

P5-7, Mrs Fletcher & Mrs Bekri-Watt