Mortlach Primary School Week 6 Self-isolation Grid for Primary 3

Literacy and English

Newsy Words - Choose 6 or 8 words from a book to practise your spelling.

Cut out letters from newspapers/magazines or junk mail and use them to make your spelling words.

Numeracy and Mathematics

Counting up - Draw a ladder using chalk on the ground outside - as you jump in each square count forwards in 5's or 10's starting at a different number each time.

Challenge: Can you count backwards too?

Health and Wellbeing

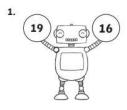
Mirror, mirror - Draw yourself as your closest friend or a close family member would describe you. Remember, they can see who you are as a person as well as what you look like. Draw or write the positive qualities they notice about you, especially the ones that you find hard to see yourself. Include things like being kind, patient and fun.

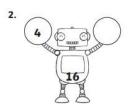
Literacy and English

Reading -Read a story of your choice to a teddy or family pet. Can you read with expression? Why not record your reading?

Numeracy and Mathematics

Missing addends – create your own missing number robots like the ones below. Then go back and complete them with the correct answer.





STEM

Pepper and soap trick - Put some water in a bowl. Sprinkle some pepper flakes onto the water. Put a bit of liquid soap or washing up liquid on your finger and dip that finger into the bowl. Observe what happens to the pepper flakes. Why do people link this experiment to washing hands?

19 + 16 = ?

4 + ? = 16

Literacy and English

Describing words – Draw a new character to add to the story of 'Goldilocks and the three bears.' You will find the story here

https://www.youtube.com/watch?v=0oUP2PFeOi8

Label your drawing with lots of describing words.

- Is there something unique about your character's appearance?
- What is their eye, skin and hair colour?
- Tall or short. Fat or thin?

Numeracy and Mathematics

Using a 100 square – Add to each number to make 40, 50 and 60.

	40	50	60
38	+2	+12	+22
31			
25			
19			
5			

Expressive Arts

Music – Listen to a piece of music of your choice. Try to choose a piece of music without lyrics (so just instruments) Now get a pencil and paper and draw what comes to mind. How does the piece of music make you feel? Does it remind you of something? Experiment with different types of music. You could use crayons, paints or pencils.

Now write some more of your own.

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Literacy and English Look, Say, Cover, Write, Check — Practice some spelling words using look, cover, write and check. Look at the word, say it, cover the word, write the word, and check it! When you are feeling confident ask someone at home to test you on your spelling. Write them all down and have them marked.	Numeracy and Mathematics Price list: Ask your child to choose a type of shop and think of items that the shop is likely to sell. Then think of three items costing less than £5 and three items costing more than £5. Then write these in order from lowest to highest price to make a price list for the shop. Role play shop!	Social Studies Scottish Farming – With help from an adult research what a farmer does or needs to help their crops grow.	
Literacy and English Illustrator — Read a story of your choice. Now pick your favourite part of the story/chapter and draw a picture to illustrate it.	Problem Solving Questions to solve 1) 18 children were on a school bus. More children got on at the next stop. There were now 25 children on the bus. How many children got on the bus? 2) There were 18 girls and 25 boys in the playground at lunchtime. How many children were there in the yard altogether?	Health and Wellbeing Fitness circuit – create a fitness circuit with 5 different exercises. You could do bunny hops, star jumps, high knees, hula hoops, sprints or bouncing a ball. What is your favourite circuit exercise? Try to complete the circuits quickly. Can you do it faster each time? How does it make you feel?	





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Thinking and Talking about My Learning - P3 & P4 & P5

Thinking about how you learn can help you learn more effectively.

At the end of a day of learning you might like to choose a row (A or B) and roll a die to select 2 or 3 questions to think about.



You can think about them by yourself or, even better, discuss them with someone else.

	1	2	3	4	5	6
A	Were there any tasks today that I found too easy? Why? Could I have added my	Did I make a good guess about how long each task would take?	Did I get stuck? Did I give up or try a different way? What did I try?	Did I try going back to a tricky task later? Did that make a difference?	Did I find it easy to stay on task today? What helped? What didn't help?	How can I make sure I remember what I learned?
	own challenge?			la control of the con		
B Which tasks were practice of something I already know?	Which tasks had new learning in them?	Were there any tasks today that I found too difficult?	Did any of yesterday's tasks make more sense today now that my	Did I choose the order of my tasks?	Can I think of ways to improve my motivation for tomorrow?	
	What did I learn?	What made it difficult?	brain has had time away from it?	Did I start with the easiest task, or the		
		Did I give up straight away or keep trying?		hardest, or the most interesting or the most fun?		