







Mortlach Primary School
Week 4 Self-isolation Grid for Primary 1

<p style="text-align: center;">Literacy and English <u>Reading for Pleasure</u></p> <p>Pick a favourite book to read with an adult. Can you use the pictures to work out what is happening before you start reading? When you finish, draw a new cover for the book.</p>	<p style="text-align: center;">Numeracy and Mathematics <u>Backwards Count</u></p> <p>Time to exercise and count! Come up with an action (e.g. star jumps, running on the spot, etc) and then count backwards from 20 as you do them.</p>	<p style="text-align: center;">Health and Wellbeing <u>Healthy Eating</u></p> <p>With an adult, make a healthy lunch/snack. What kind of foods could you include? What kind of foods shouldn't you include?</p>
<p style="text-align: center;">Literacy and English <u>Comprehension</u></p> <p>Watch the short film "Pip" - https://www.youtube.com/watch?v=07d2dXHb94 Talk about these questions with an adult:</p> <ul style="list-style-type: none"> • What do you think the film is about? Why? • What did Pip want to be? • How do you think Pip felt at the start of the film? Why? • Did you like the film? What was your favourite part? 	<p style="text-align: center;">Numeracy and Mathematics <u>Counting</u></p> <p>Play a game of beat that! Roll 2 dice (or more for an extra challenge) and count how many dots you have in total. Taking turns with an adult, see who can get the highest number of dots.</p> <div style="text-align: center;">  </div>	<p style="text-align: center;">STEM <u>Magic Beans</u></p> <p>Grow a seed in a bag! Wrap a bean in a wet tissue, put it in a zip lock bag and stick it to a window. Wait for about 5 days and then check to see if the bean has sprouted. While you wait, draw and label a picture of what you think your plant will look like when it has grown.</p>
<p style="text-align: center;">Literacy and English <u>Writing</u></p> <p>Make a poster for "Pip" or for your favourite film. Make sure to include a detailed picture, the title, and lots of colour!</p> <div style="display: flex; justify-content: space-around;">   </div>	<p style="text-align: center;">Numeracy and Mathematics <u>Numeral Sequences</u></p> <div style="display: flex; align-items: center;">  <div style="margin-left: 20px;"> <p>Use the numbers 1-10 to make a number caterpillar collage like the ones in the picture. For an extra challenge you could go all the way to 20 or beyond.</p> </div> </div>	<p style="text-align: center;">Expressive Arts <u>Art</u></p> <p>Make a painting using potato printing! You can keep it simple or you can ask an adult to help carve designs into the potatoes. What kind of pictures can you make?</p> <div style="text-align: right;">  </div>
<p style="text-align: center;">Literacy and English <u>Phonics</u></p> <p>Go on a sound hunt around your house! Can you find different things that start with the letters you know?</p>	<p style="text-align: center;">Numeracy and Mathematics <u>Measuring</u></p> <p>Make some homemade balance scales using the instructions below. What's that heaviest thing you can weigh? What about the lightest?</p>	<p style="text-align: center;">Social Studies <u>Tree ID</u></p> <p>Go on a walk or look out of the windows at home. Using the sheet below, see how many different trees you can find. If you can't make out the leaves, try drawing the shapes of the trees you can see.</p>

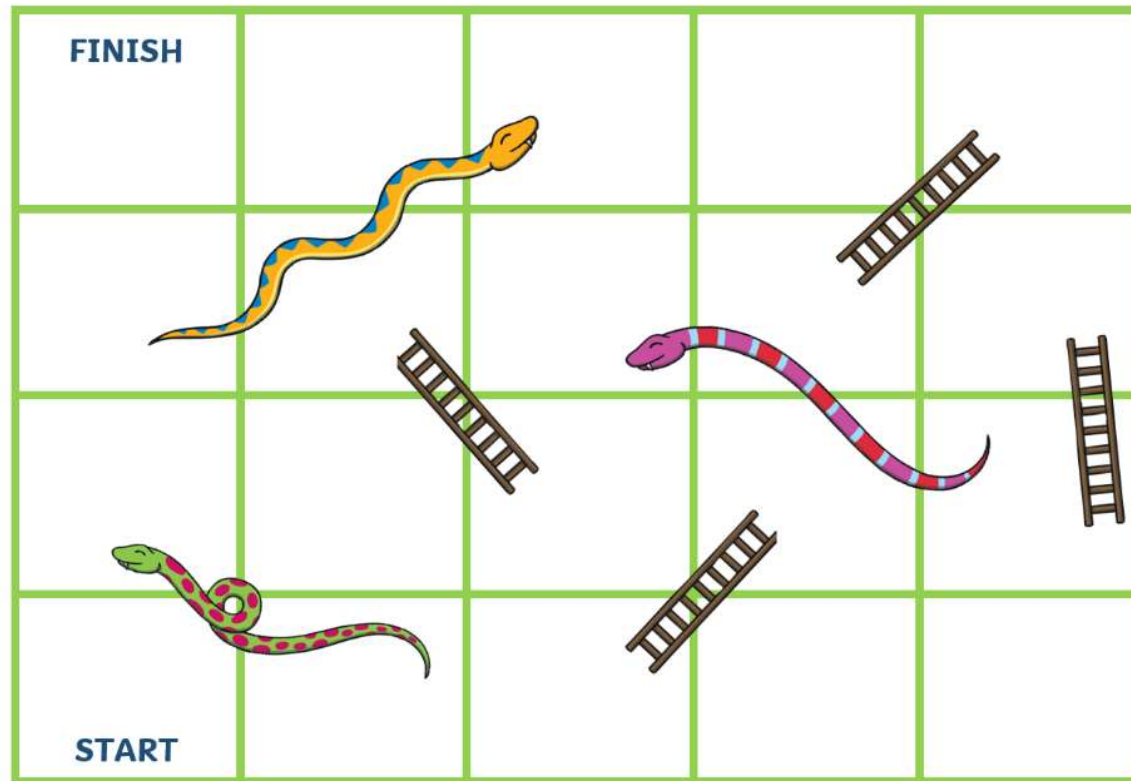
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<p>Literacy and English <u>Reading</u> Play a game of snakes and ladders. With an adult, fill in the template below with short words (or sounds) and then get reading!</p>	<p>Problem Solving How many ways can you make 10? </p>	<p>Health and Wellbeing <u>P.E.</u> Pick a routine from the Cosmic Kids YouTube channel and enjoy some yoga and a story! https://www.youtube.com/user/CosmicKidsYoga</p>
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Snakes and Ladders



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Maths



We are learning to measure and compare weights using non-standard units of measurement.

How To Make Balance Scales

You will need:

- A clothes hanger
- 2 paper cups
- String/twine
- A hole puncher
- Scissors



1. Make holes on either side of the two cups. Then cut two equal pieces of string and thread them through the holes.



2. Hang your newly made "buckets" on either side of the hanger and then hang your newly made scales somewhere they can swing easily. We hung ours on a doorknob!



3. Collect things to weigh! Which item do you think will be the heaviest? Which one will be the lightest? Can you order the items from heaviest to lightest?



Be a super spotter!
How many trees can you identify?

Alder

Beech

Oak

Sycamore

Birch

Holly

Ash

Elder

Horse Chestnut

Field Maple

Hawthorn

Hazel

Rowan

Found any other leaves? Do you know which trees they're from?

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Thinking and Talking about My Learning - P1 & P2



Self-reflection Plenary

At the end of a day of learning you might like talk about your learning with someone else.

Roll a die to select 1 or 2 questions to get you started.

1	2	3	4	5	6
Were there any tasks today that I found too easy? Why? Could I have added my own challenge?	Did I make a good guess about how long each task would take?	Did I get stuck on a task? Did I give up or try a different way? What did I try?	Did I try going back to a tricky task later? Did that make a difference?	Did I find it easy to stay on task today? What helped? What didn't help?	How can I make sure I remember what I learned?

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