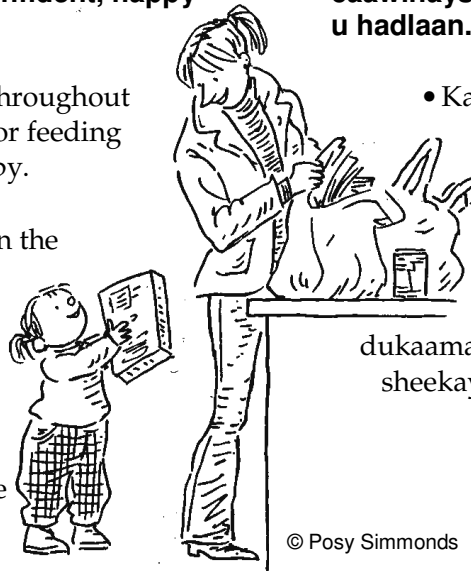


## Talking with your baby

Learning to talk is one of the most important and complex skills your child will accomplish. It seems to happen naturally, but in fact you have a very important role to play. The more you talk to your baby, the more you enable her to become a good talker and a confident, happy child.

- Talk about what you're doing throughout the day – when you're bathing or feeding your baby or changing her nappy.
- Talk about the things you see on the way to the shops, or at the supermarket. Try to talk about the things your child shows an interest in.
- Talk in the language that you know best - it doesn't have to be English.
- Look at your baby as you talk and give him time to respond to your chatter.
- Answer your baby's noises and babbles.
- Cuddle up together and read a favourite book or talk about the pictures.
- Have fun with nursery rhymes or any song, especially those with actions.
- Listen carefully and give your toddler time to finish talking.
- If your toddler says something incorrectly, say it back the right way, e.g. "Goggy bited it." "Yes, the dog bit it, didn't he."
- Try to watch TV together so you can talk about what happens.



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## Wada sheekaysta ilmaha

Barashada hadalka waa mid ka mid ah xirfadaha ugu muhiimsan uguna adag ee ilmuhu la kulmo. Si caadi ah ayey u timaadaa laakiin haddana qayb weyn ayaad ka ciyaari kartaa. Inaad la sheekaysatid waxay ilmaha ka caawinaysaa inay si wanaagsan oo kalsooni leh u hadlaan.

- Ka wada sheekaysta hawlmaalmeedkiina – sida marka aad u qubaynaysid, quudinaysid ama aad ka beddelaysid bambarka.
- Ka wada sheekaysta waxyaabah aad aragtaan markaad ku sii socotaan dukaamada ama suuqa. Isku day inaad ka wada sheekaysataan waxyaabaha ilmuhu xiisaynayo
- Ku wada sheekaysta luqadda aad isla fahmaysaan – qasab ma aha inay tahay luqadda Ingiriisiga
- Indha ka eeg ilmaha marka aad hadlaysid, adiga oo siinaya waqti uu kuugu jawaabo.
- Ka jawaab markii ilmuhu sameeyo shanqar ama guux ama hadaaq.
- Bogga ku qabo ilmaha una akhri buug ilmuhu jecel yahay, sawirrada buuggana ka hadla.
- Ku madadaasha heesaha neersariga iyo ciyaaraha kaleba.
- Si taxaddar leh u dhagayso, ilmaha sii waqti uu ku dhammaystiro hadalka.
- Haddii ilmuhu eray ugu dhowaaqo si qalad ah, ka daba-dheh iyadoo saxan, sida, "Goggy bited it." "Yes, the dog bit it, didn't he."
- Isku day inaad TV-ga wada daawataan si aad uga wada hadashaan waxa dhacaya.

Quick tips may be photocopied. For more information visit [www.talktoyourbaby.org.uk](http://www.talktoyourbaby.org.uk)  
Talk To Your Baby is an initiative of the National Literacy Trust.