



## Forres, Nairn and District Riding for the Disabled Association

**Delivering therapeutic riding sessions for pupils from local schools.**



### ***We Provide***

***Weekly riding sessions for 32 pupils from local schools at Burgie Eventing Centre, near Forres***

***Lessons from qualified instructors, designed to meet pupils' individual needs and abilities***

***Carefully chosen and well-trained ponies, using equipment to ensure safety and comfort***

***Support from trained and experienced volunteers in a safe, welcoming environment***

***A free service to schools and parents / carers...and our riders !***

***It's what you CAN do that counts***



**Scottish Registered Charity SC 047420**



## ***How You Can Help***

***Volunteer to help on the rides on Monday morning at Burgie Eventing Centre near Forres***

***Support our regular fund-raising events via the "Friends of Forres and Nairn RDA Group"***

***Visit our Facebook Page with its regular updates on the riders and our fund-raising***

## ***New Pony Sponsorship Scheme***

**Local businesses or groups are invited to sponsor a pony to allow one, or more, children to enjoy and benefit from riding for a year. In return, your company will receive free publicity at Burgie Eventing Centre, in the local media, in schools and at all our fund-raising events.**

**For more information email [forresnairnrda@gmail.com](mailto:forresnairnrda@gmail.com)**

**For information on any aspect of our work, please contact our Chair:**

**Sonia Howell on 0777 9082202 or [soniaghowell@gmail.com](mailto:soniaghowell@gmail.com)**

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