

# The Incredible Years



Parents, teachers, and children training

Dear Parent/Carer

The Incredible Years Parent training has been successfully delivered to parent/carers in Midlothian since 2004.

The Incredible Years Parent training programme is offered to parents and carers of preschool and primary aged children and is designed to promote positive parenting strategies and to assist parents in managing behaviour.

Details of the next course are as follows:

Venue	Dates and Times	Course Leaders
Family Reachout, Sure Start Centre, Mayfield	Fridays 9.30 -11.30 Commencing 26th February	Tricia Di Duca Jennie Jacobs

The course offers parents and carers the opportunity to meet to discuss ideas and strategies, to help them gain confidence while boosting their child's self esteem and improving challenging behaviour.

Places are limited and a free crèche facility is offered for the day time courses only.

Leaflets with further information will be available from local Primary schools, nurseries and libraries.

To request a place, please fill in the attached form and return it to:

**Chris Henderson**  
**Parenting Lead Midlothian**  
**Midlothian Sure Start**  
**38 Buccleuch Street**  
**Dalkeith**  
**EH22 1HA**  
Or Email: [Chris.Henderson@midlothian.gov.uk](mailto:Chris.Henderson@midlothian.gov.uk)

For further information, you can contact

Tricia Di Duca on: 07876 457 649 or

Jennie Jacobs on: 07952 912 897

Or email: [p.diduca@mgfl.net](mailto:p.diduca@mgfl.net)

Yours sincerely

Tricia Di Duca,  
*Home Link Teacher*