

<u>Week 1</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Homemade soup	Homemade soup	Homemade soup	Homemade soup	Melon
Option 1 (Red)	Italiano Chicken with potatoes	Sausages in gravy with mash potato	Chicken curry with rice	Spaghetti Bolognese	Fish and Chips
Option 2 (Blue)	Macaroni Cheese(v)	Quorn Burrito wrap(v)	Homemade Cheese and tomato pizza(v)	Fish fingers with mash potato	Beef Burger in a bun
Option 3 (Yellow)	Ham Sandwich	Ham Panini	Tuna Wrap	Cheese Toastie(v)	Cheese Sandwich(v)
Baked Potato (Green)	Various fillings				
Served daily	Seasonal Vegetables, Fresh Fruit and Salad Bar				
Dessert	Fresh Fruit Yoghurt	Fresh Fruit Yoghurt Shortbread	Fresh Fruit Yoghurt	Fresh Fruit Yoghurt Iced sponge	Fruity Friday Yoghurt

Week commencing

19 th Aug 19	9 th Sept 19	30 th Sept 19	28 th Oct 19	18 th Nov 19
9 th Dec 19	13 th Jan 20	3 rd Feb 20	24 th Feb 20	16 th Mar 20
20 th April 20	11 th May 20	1 st June 20	22 nd June 20	

<u>Week 2</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Homemade soup	Homemade soup	Homemade soup	Homemade soup	Melon
Option 1 (Red)	Chicken curry with rice	Mince(pie) with mash potato	Grilled Sausages with mash potato	Turkey meatballs with Spaghetti	Fish and Chips
Option 2 (Blue)	Homemade Cheese and tomato pizza(v)	Quorn Dippers with mash potato(v)	Macaroni Cheese(v)	Fish Fingers with mash potato	Chicken burger in a bun
Option 3 (Yellow)	Tuna Wrap	Ham Toastie	Ham Sandwich	Cheese Panini(v)	Cheese Sandwich(v)
Baked Potato (Green)	Various fillings				
Served daily	Seasonal Vegetables, Fresh Fruit and Salad Bar				
Dessert	Fresh Fruit Yoghurt	Fresh Fruit Yoghurt Custard Biscuit	Fresh Fruit Yoghurt	Fresh Fruit Yoghurt Iced Biscuit	Fruity Friday Yoghurt

Week commencing

26 th Aug 19	16 th Sept 19	7 th Oct 19	4 th Nov 19	25 th Nov 19
16 th Dec 19	20 th Jan 20	10 th Feb 20	2 nd Mar 20	23 rd Mar 20
27 th April 20	18 th May 20	8 th June 20		

<u>Week 3</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Homemade soup	Homemade soup	Homemade soup	Homemade soup	Melon
Option 1 (Red)	Chicken curry with rice	Steak and sausage pie with potatoes	Chicken Breast with potatoes	Spaghetti Bolognaise	Fish and Chips
Option 2 (Blue)	Homemade Cheese and tomato pizza(v)	Quorn Burrito wrap(v)	Tomato and Basil Pasta with Garlic bread (v)	Quorn Dippers with mash potato(v)	Pork sausage in a roll
Option 3 (Yellow)	Ham Wrap	Cheese Toastie(v)	Ham Panini	Tuna Sandwich	Cheese Sandwich(v)
Baked Potato (Green)	Various fillings				
Served daily	Seasonal Vegetables, Fresh Fruit and Salad Bar				
Dessert	Fresh Fruit Yoghurt	Fresh Fruit Yoghurt Caramel Flan	Fresh Fruit Yoghurt	Fresh Fruit Yoghurt Frozen Yoghurt	Fruity Friday Yoghurt

Week commencing

2 nd Sept 19	23 rd Sept 20	21 st Oct 19	11 th Nov 19	2 nd Dec 19
6 th Jan 20	27 th Jan 20	17 th Feb 20	9 th Mar 20	30 th Mar 20
4 th May 20	25 th May 20	15 th June 20		

Inverclyde Primary School Meals 2019- 2020

School meals are free for pupils in P1-P4; the cost of a meal for P5- P7 is £2.05 and £2.60 for adults.

This will comprise of a Main meal option with soup OR dessert and a drink.

- ✓ Vegetables, Salad and bread will be available daily.
- ✓ Fresh fruit will be offered daily.
- ✓ Sandwiches, wraps, Panini's and toasties are served with salad and/or vegetables.
- ✓ Baked potatoes will be served with a choice of fillings & salad.
- ✓ A Selection of drinks will be available daily.
- ✓ Special dietary requirements can be catered for on request from your child's dietician.
- ✓ Theme Days will be carried out throughout the year.

School Catering Facility Feedback

Inverclyde Council aim to provide a high quality catering service for all pupils. We welcome and encourage feedback in order for us to continually improve our services. You can submit feedback at [School Catering Facility Feedback](#) where you will find the School Catering Facility feedback form. Menus are subject to change in unforeseen circumstances.

Inverclyde Council are proud to hold a Bronze Food for Life award. To find out more about what this means for your child's school meals please visit: <http://www.foodforlife.org.uk/>



Soil Association