

The Paths Kid

The PATHS kid is a secret. Everyday one child will be chosen to be a PATHS kids. The PATHS kid will always be someone who has shown that they can be responsible, good at learning and helpful to others. The PATHS kid have a special helper cape to wear to make them feel extra special.

PATHS at Home

Your child may bring some activities from PATHS home to complete with your help. You may also notice a change in how they deal with situations, or their feelings.

If you would like to know more about PATHS please ask staff or keep an eye on our PATHS noticeboard at the white screen in the hall.

Meet the PATHS Puppets



Henrietta the hedgehog likes gentle hands

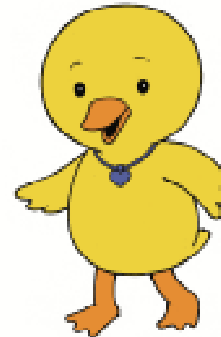
Twiggles the turtle likes quiet voices



Duke the dog likes good sitting



Daphne Duck likes good listening



Parents
Information
Leaflet

PATHS at
Wellpark



What is Paths?

The PATHS programme helps children develop their social skills and enables them to have an awareness of their own and others' emotions and provides them with positive skills for communicating their feelings and managing their behaviour.

It uses stories, puppets and discussion to support children to develop their

- Confidence
- Ability to take part in discussion
- Understanding of their feelings & how to manage them
- Ability to calm down



How do they learn?



The children all take part in a half hour PATHS session every week. They learn about the different characters and feelings they may have.

The children work in groups so they have an opportunity to discuss their feelings and social situations that they may find difficult like sharing or taking turns.

The PATHS Rules

When the children sit in their group to take part in a PATHS session they have to follow the 5 PATHS rules. These are:

1. Gentle Hands
2. Good Listening
3. Thumbs up to speak
4. Quiet voices
5. Legs crossed and hands on your lap.

