

Resources you could use at home.

- Pots , pans and lids
- Pegs , jar lids
- Keys, ribbons, soft bags
- Pom,poms, chains
- Jewellery boxes
- Corks
- Shells
- Wooden spoons
- Metal spoons
- Baskets
- Conkers
- Brushes (all sorts)

Any objects which are safe for the children to use.
Natural materials are best as they offer different textures and weights .



Heuristic Play



Discover

Imagine

Create

What is Heuristic play?

This is play that allows children to explore everyday objects. It allows them to make choices to create and use their imagination



Playing with these objects supports the development of children's problem solving and concentration skills.

This will encourage hand and eye coordination and fine finger movements .

In Nursery

We provide a selection of natural and interesting objects and containers. Adults remain watchful but do not intervene unless necessary.

The children are given time to explore objects in a quiet relaxed room and are given a 5 minute warning before tidy up time.

Encouraging the children to return objects to correct place with support if needed.



At Home

You could give your child this experience by giving them a collection of items and containers for your child to fill and empty , group together ,count etc.

This type of play is not new, your parents or grandparents would have given you clothes pegs and pots to play with, this is just an addition with a wider variety of objects and we are now aware of the many benefits this play has for your child.