

<u>Week 1</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1 (Red)	Quorn Burger(v)	Roast Turkey with Yorkshire pudding	Mince with dough balls	Chicken Fajitas	Pork sausage roll
Option 2 (Blue)	Tomato and Basil Pasta(v)	Quorn Burrito Wrap(v)	Quorn Dippers(v)	Triple cheese and tomato Pizza(v)	Breaded Haddock
Side for option 1 and 2	Garlic Bread	Roast Potatoes	Mash Potato	Savoury Rice	Chips
Option 3 (Yellow)	Cheese Sandwich(v)	Chicken Roll	Cheese sandwich(v)	Chicken Sandwich	Cheese roll(v)
Option 4 (Green)	Baked Potato with Cheese(v) or Tuna Mayo				
Dessert		Homemade sponge cake		Chocolate Shortbread	
Available Daily	Homemade Soup, Fresh Seasonal Fruit, vegetables and Salad Drinks: Milk or Water				

### Week commencing

15th Aug 22	5th Sept 22	26th Sept 22	24th Oct 22	14th Nov 22
5th Dec 22	9th Jan 23	30th Jan 23	20th Feb 23	13th Mar 23
17th April 23	8th May 23	29th May 23	19th June 23	

<u>Week 2</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1 (Red)	Fish Fingers	Chicken sausages	Steak and sausage Pie	Chicken Curry	Beef Burger
Option 2 (Blue)	Roasted vegetable pasta(v)	Omelette(v)	Vegetable fingers(v)	Triple cheese and tomato Pizza(v)	Macaroni Cheese(v)
Side for option 1 and 2	Potato Wedges	Hash browns	Mash Potato	Boiled Rice	Chips
Option 3 (Yellow)	Cheese Sandwich(v)	Chicken Roll	Cheese sandwich(v)	Chicken Sandwich	Cheese roll(v)
Option 4 (Green)	Baked Potato with Cheese(v) or Tuna Mayo				
Dessert		Chocolate Sponge cake		Custard Cream	
Available daily	Homemade Soup, Fresh Seasonal Fruit, vegetables and Salad Drinks: Milk or Water				

### Week commencing

22 <sup>nd</sup> Aug 22	12 <sup>th</sup> Sept 22	3 <sup>rd</sup> Oct 22	31 <sup>st</sup> Oct 22	21 <sup>st</sup> Nov 22
12 <sup>th</sup> Dec 22	16 <sup>th</sup> Jan 23	6 <sup>th</sup> Feb 22	27 <sup>th</sup> Feb 23	20 <sup>th</sup> Mar 23
24 <sup>th</sup> April 23	15 <sup>th</sup> May 23	5 <sup>th</sup> June 23	26 <sup>th</sup> June 23	

<u>Week 3</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1 (Red)	Baked Salmon with parsley sauce	Chicken Burger	Pasta Bolognese	Turkey Meatballs	Grilled Pork Sausage
Option 2 (Blue)	Quorn Dippers(v)	Cajun Pasta(v)	Quorn Hotdog(v)	Triple cheese and tomato Pizza(v)	Battered Fish
Side for option 1 and 2	Mash Potato	Potato Wedges	Garlic Bread	Pasta	Chips
Option 3 (Yellow)	Cheese Sandwich(v)	Chicken Roll	Cheese sandwich(v)	Chicken Sandwich	Cheese roll(v)
Option 4 (Green)	Baked Potato with Cheese(v) or Tuna Mayo				
Dessert		Homemade sponge cake		Shortbread	
Available daily	Homemade Soup, Fresh Seasonal Fruit, vegetables and Salad Drinks: Milk or Water				

### Week commencing

29 <sup>th</sup> Aug 22	19 <sup>th</sup> Sept 22	10 <sup>th</sup> Oct 22	7 <sup>th</sup> Nov 22	28 <sup>th</sup> Nov 22
19 <sup>th</sup> Dec 22	23 <sup>rd</sup> Jan 23	13 <sup>th</sup> Feb 23	6 <sup>th</sup> Mar 23	27 <sup>th</sup> Mar 23
1 <sup>st</sup> May 23	22 <sup>nd</sup> May 23	12 <sup>th</sup> June 23		

### Inverclyde Primary School Lunch Menu

August 2022 – June 2023

All meals are free for pupils in **P1-P5**. The cost of a 2 course meal for **P6&P7** is £2.25 and £3.00 for adults.

A complete meal will comprise of either a Starter OR Dessert, Main meal option 1, 2, 3 or 4. All meals are served with seasonal vegetables and/or salad, fresh fruit and a drink of milk or water.

Medically prescribed dietary requirements can be catered for on request, please ask for a request form from your child's school or your child's dietician.

Allergen information for our school lunch menu is available on the Inverclyde council website, on request from your child's school and displayed within lunch halls.

### School Catering Facility Feedback

Inverclyde Council aim to provide a high quality catering service for all pupils. We welcome and encourage feedback in order for us to continually improve our services. You can submit feedback at [School Catering Facility Feedback](#) where you will find the School Catering Facility feedback form. Menus are subject to change in unforeseen circumstances.

Inverclyde Council are proud to hold a Bronze Food for Life award. To find out more about what this means for your child's school meals please visit: <http://www.foodforlife.org.uk/>

