



Friday 04 April 2025



## This week at Port Glasgow High School



### Happy Easter

As we enter into the Easter Holidays, I want to take a moment to thank you for your support this term. We have had a busy few months in Port Glasgow High School and this continues for our senior pupils and staff as they work into the holidays at Port Glasgow High School's Easter Study School in preparation for the SQA diet commencing. We wish you a safe and enjoyable spring break and look forward to welcoming you back refreshed and ready for the next term starting on Tuesday 22nd April.

Mrs Carroll



### Spring Spectacular

On Tuesday night, the Spring Spectacular concert captivated the audience with stunning performances from our talented students. The event, which brought together pupils, staff, and the local community, was a true celebration of music and creativity.

We are proud of all the performers and grateful for the support of the community. The Spring Spectacular concert was not only a celebration of music but also a reminder of the creative spirit that thrives at Port Glasgow High School.

We look forward to more spectacular performances in the future!



## Uniform Policy



**Jumpers/sweatshirts** should be plain and black for both girls and boys. The navy Port Glasgow High School jumper can also be worn. Please do not purchase branded items or clothing with visible logos, as your child will be asked to remove these and not to continue to wear to school. **Please note that branded jumpers or sweatshirts are NOT permitted in school.**

**School shirts** are white in colour and are worn with the school tie. Shirts and blouses can be short or long sleeved. Girl's blouses should be plain and without a low neckline. All young people are expected to wear a shirt and tie.

**Skirts** should be black and plain without checks/stripes or patterns of any kind. Girls may wear school trousers, also without patterns or designs, but these should be school uniform trousers and *not* leggings or jeans. **Please note that checked, tartan, or patterned skirts or pinafores are not within the school uniform code.**

**Trousers** should be black in colour and without rips, tears, or decorative belts etc. attached. Jeans of any kind are not acceptable school wear – even if black in colour.

**Skirts and trousers** worn to school should be of appropriate design, fabric, and length. Shorts, PVC or leather, or skinny jeans are not appropriate school wear.

**School footwear must be black in colour whether these are school shoes or trainers.** A small amount of white or colour is acceptable, for example, a small stripe or a white sole - but the main footwear itself must be black.



## Uniform Policy

(Continued from the previous page)

### **School Blazers**

We encourage **all** our pupils to wear school blazers as they are smart, practical, and support the positive ethos of our school.

Senior pupils in S4, S5, and S6 are required to wear blazers in school.

***BGE pupils are encouraged to wear blazers also.***



Pupils may keep blazers in their locker or in the S6 Study Room and wear them around school after wearing outdoor jackets to travel to school.

In order to support **all** of our senior pupils wearing their blazers, we offer a **Blazer Hire Scheme** which is widely used each year.

Pupils can hire a blazer in their preferred size, for an initial cost of £12.50. At the end of their S5 (or S6) year, they can return the blazer to the school and receive £5 back. The remainder of the hire charge covers the cost of dry cleaning their blazer and any necessary repairs. This represents exceptionally good value where our pupils can wear a blazer for 2/3 years at a minimal cost of £7.50.



School blazers will be provided at the end of June each year or the beginning of the new term in August each year.

### **Recycled Uniform**

We usually hold a stock of new or laundered good quality uniform items in school which can be provided discreetly to young people and families. Please contact your child's Guidance Teacher or Year Head for further details.

Any pupil or family experiencing difficulty with the cost of a school blazer or uniform should speak confidentially to their Guidance teacher to see how the school can provide support.

Basic uniform items such as black trousers or skirts can be purchased from any local supermarket/clothing store or online from a wide range of retailers.

School ties, blazers and other PGHS items can be purchased through Smiths of Greenock. <https://www.smithsofgreenock.co.uk/>



## PGHS Easter study school Timetable

We will be running an Easter study school for next two weeks. Please encourage your S4,5 or 6 child to attend the Easter study school. Every additional support is important at this stage and could make the difference at exam time.

### Easter Study School 2025

Monday 7 April - Friday 11 April and Monday 14 April to Thursday 17 April 2025

Friday 18th: Good Friday Bank Holiday

Monday 21st April: Easter Monday

#### WEEK 1

Please enter sessions offered as either morning (930am - 1230pm) or afternoon 1230pm - 330pm

DATE	DAY	STAFF	SUBJECT	LEVEL/YEAR	MORNING	AFTERNOON
Monday	07-Apr-25				930 - 1230	1230 - 330pm
		Dr Chen	Computing	Nat 5	930 - 1230	
		Dt Chen	Computing	Higher		1230 - 330pm
		Miss Hussain	Admin	Higher	930-1230	
		Miss Hooper	Admin	Nat 5	930-1230	
		Ms Ormiston	English	Higher		12.30-330pm
Tuesday	08-Apr-25					
		Mrs Ward	Art	S5/6 Higher/AH		1230 - 330pm
		Miss Montgomery	Art	S4/5/6 Nat 5		1230 - 330pm
		Mr Baxter	Maths	S4 Nat 5 & AH	930-1230	
		Miss Dempster	Maths	S5/6 Nat 5	930-1230	
		Mrs Lyons	Maths	S4 Nat 5	930-1230	
		Miss Duncan	Maths	Higher	930-1230	
Wednesday	09-Apr-25					
		Mrs Millar	Drama	Nat 5 & Higher	930-1230	
		Mrs Millar	School Show Rehearsal	All Cast		1pm - 3pm
Thursday	10-Apr-25					
		Mr Baxter	Maths	S4 Nat 5 & Adv High	930-1230	
		Miss Dempster	Maths	S5/6 Nat 5	930-1230	
		Mrs Lyons	Maths	S4 Nat 5	930-1230	
		Miss Duncan	Maths	Higher	930-1230	
		Mrs Burns	Biology	All Levels	930 -1230	1230 - 330pm
		Mrs Ward	Art	S5/6 Higher/Adv High		1230 - 330pm
		Miss Montgomery	Art	S4/5/6 Nat 5		1230 - 330pm

### Easter Study School 2025

#### WEEK 2

14 - 17 April 2025

DATE	DAY	STAFF	SUBJECT	LEVEL	MORNING	AFTERNOON
WEDNESDAY	16-Apr-25					
		Miss McWhinnie	English	Nat 5	9.30-12.30	
		Mrs Barclay	English	Nat 5	9.30-12.30	
		Mr O'Donnell	English	Nat 5	9.30- 12.30	
		Mrs Barclay	Comms and Lit	Nat 5/Higher		1230 - 330pm
THURSDAY	17-Apr-25					
		Mrs Barclay	Comms and Lit	Nat 5/Higher	9.30-12.30	



## E-Sgoil Easter School Online

Remember you have to register to attend – visit <https://www.e-sgoil.com/senior-phase/easter-study-support/> to get more details and follow instructions to register.

	Monday 7th April	Tuesday 8th April	Wednesday 9th April	Thursday 10th April	Friday 11th April
9am	N5/H Gàidhlig	N5/H Gàidhlig	N5/H Gàidhlig		
10am	N5 English N5 PE N5/H Gaelic H Physics H Health & Food Technology H French AH History	H Biology H French H/N5 Gaelic	N5 English H Physics H HFT H/N5 Gaelic AH History	H Physics H Biology	N5 English H Biology H HFT H French AH History
11am	N4 English N5 Maths N5 Admin and IT N5/H Design & Manufacture N5 Health & Food Technology N5 French H History H PE H Drama	N5 French N5 Biology N5 Computing Science H PE AH Physics	N4 English N5 Maths N5 Admin and IT N5 Health & Food Technology N5/H Design & Manufacture H History H PE H Drama	N5 Biology N5 Admin and IT N5 Computing Science N5/H Design & Manufacture	N4 English N5 Maths N5 Biology N5 Computing Science N5 Health & Food Technology N5 French H History H Drama AH Physics
12pm	N5 History N5 Practical Cookery N5 Drama H Admin and IT H Graphic Communication AH Maths	N5 Physics H Computing Science	N5 Practical Cookery N5 History N5 Drama H Chemistry H Admin and IT H Graphic Communication AH Maths	N5 Physics H Chemistry H Admin and IT H Computing Science	N5 Physics N5 History N5 Practical Cookery N5 Drama H Graphic Communication H Chemistry H Computing Science AH Maths

	Monday 7th April	Tuesday 8th April	Wednesday 9th April	Thursday 10th April	Friday 11th April
1pm	N4 Maths N5 Modern Studies H English	N5 Art and Design	N4 Maths N5 Modern Studies N5 Chemistry H English H RMPS	N5 Chemistry N5 Art and Design H RMPS	N4 Maths N5 Modern Studies N5 Chemistry N5 Art and Design H RMPS H English
2pm	N5 Graphic Communication N5 Geography H Maths H Business Management AH English	N5 Engineering Science H Human Biology H Art and Design	N5 Graphic Communication N5 Geography N5 RMPS H Maths H Business Management AH English AH Chemistry	N5 Engineering Science N5 RMPS H Human Biology H Business Management H Art and Design AH Chemistry	N5 Graphic Communication N5 Geography N5 Engineering Science N5 RMPS H Maths H Human Biology H Art and Design AH English AH Chemistry
3pm	N5 Apps of Maths N5 German H Accounting H Geography H Modern Studies	N5 Music N5 German H Engineering Science AH Biology	N5 Apps of Maths H Accounting H Geography H Modern Studies AH Biology	N5 Music H Accounting H Engineering Science AH Biology	N5 Apps of Maths N5 Music N5 German H Engineering Science H Geography H Modern Studies
4pm	N5 Business Management H Apps of Maths H German	H German H Music	N5 Business Management H Apps of Maths	N5 Business Management H Music	H Apps of Maths H German H Music



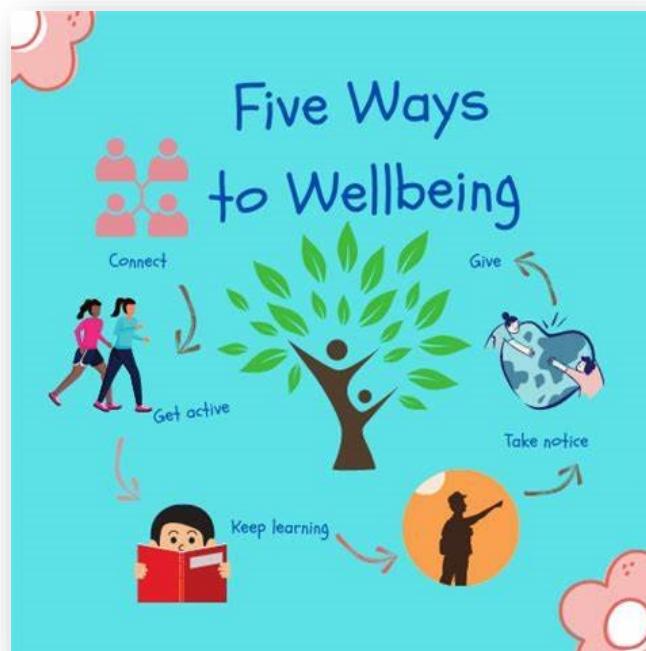
## April Break Study Support and Wellbeing

It's really easy to get overwhelmed by the amount of work to be done for SQA exams so staying organised by planning time and creating a revision timetable is a good idea. It can be really beneficial when it comes to keeping on top of workload in the run up to exam season.

BBC Mind Set coaches have got some great advice for how they made the most of their time when planning their revision in the run up to their exams. This short video has revision tips below.

### Study support - BBC Bitesize

### Five Ways to Wellbeing



Boost your wellbeing, make positive connections, and learn new skills this Spring.

### Active April - Action For Happiness

### Red Cross Spring Wellbeing Calendar



## Spring wellbeing calendar



BritishRedCross

### Spring wellbeing calendar

Practise kindness in your community, connect with others, and boost your wellbeing with the suggestions in this calendar.

You can use the blank spaces to come up with your own ideas too. All the resources or activities mentioned can be found at [redcross.org.uk/wellbeing](https://redcross.org.uk/wellbeing)



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Explore our Self-kindness toolkit</b> with ideas and activities to support yourself and others.			If you know or work with young children, <a href="#">Download the Spring kindness calendar pack.</a>			What signs of spring do you notice around you today?
		Have a big stretch, from your toes to the tips of your fingers, <b>then say three nice things that you like about yourself.</b>		Write down three things you have achieved this week – no matter how small.		Send a message to someone telling them what they mean to you. How did doing this make you feel?
<b>Plan a healthy routine</b> with the help of our online advice and activities.	Learn to support others by signing up to one of our <a href="#">Tackling loneliness workshops.</a>	<b>Be kind to yourself.</b> Remember, you are worth knowing.	<b>Reach out to someone who may be feeling lonely.</b> A short phone call can make all the difference.	<b>Use our Circles of control activity</b> to help manage anything you're worried about.		
<b>Take time to cook a meal.</b> Enjoy the smell and taste of the different ingredients.	<b>Think of a simple physical activity you would enjoy.</b> A walk in the park, perhaps or some easy stretches.			<b>Can you have a clear out?</b> Donate a bag of pre-loved items to your local Red Cross Shop.		
<b>Write three simple positive intentions for your week.</b> For example, I will go outside every day.		<b>Try something new today.</b> A recipe, creative activity or change of routine, perhaps?				<b>Listen to your favourite uplifting music.</b> and dance like nobody's watching.

The power of **kindness**



BritishRedCross

### Spring wellbeing calendar

Practise kindness in your community, connect with others, and boost your wellbeing with the suggestions in this calendar.

You can use the blank spaces to come up with your own ideas too. All the resources or activities mentioned can be found at [redcross.org.uk/wellbeing](https://redcross.org.uk/wellbeing)



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Decide on five kind acts you'll do during the month, for yourself, others and the environment.		<b>What is your favourite wellbeing activity that you would like to recommend to others?</b>			Have you tried mindfulness? It's actually very simple. <a href="#">Learn more in our Self-kindness toolkit.</a>	
Start the week with some simple exercises, then list five things you are good at.		Learn something new, like how to look after others in an emergency. <a href="#">Download our First aid apps.</a>		Write down three things you are grateful for.	Watch your favourite uplifting movie or TV show. Tell someone why you like it so much.	
<b>Which of our Five ways to wellbeing ideas can you try this week?</b>			<b>Consider subscribing to a Kindfulness box.</b> Or make your own self-care box with things that help you relax.			
<b>Who can you connect with today? Read our tips on making new connections.</b>					<b>Have you considered volunteering with the British Red Cross?</b> Find out more on our website.	
<b>Reflect on the last two months of wellbeing – what will you keep doing for the rest of the year?</b>		<b>Remember that the British Red Cross is here for you throughout the year.</b>		Try to reach out to someone today and ask them how they are.		<b>Get outside today, whether in your garden or a park.</b> What signs of spring do you notice?

Head to [redcross.org.uk/wellbeing](https://redcross.org.uk/wellbeing) to find out more about our free wellbeing education resources and workshops for adults (+19) on topics such as managing stress, anxiety and tackling loneliness.

The British Red Cross Society, Incorporated by Royal Charter 1908, is a charity registered in England and Wales (200949), Scotland (SC007738), Isle of Man (0752) and Jersey (430).



## Subject Departments Updates this week

### Music

Aaron A won a Gold at the Scottish Brass Band Association competition at the weekend. Emily H has been awarded the Ronne Mackay Quaich and Emre G will be the first recipient of the Lorna Morrison Quaich awarded by the Inverclyde Festival.

We had several pupils who took part in the annual Inverclyde Gala Concert in Greenock Town Hall last Thursday where Emily played a solo and was handed her Young Musician of the Year trophy by Ruth Binks.

### Maths

#### Sumdog Competition



Every month the Maths department runs a Sumdog competition for S1-3 pupils. Pupils with the most correct answers in the month will receive a prize from Ms Duncan. Please encourage your child to use Sumdog on a regular basis as the program personalises questions for each individual pupil and will have a positive impact on their numeracy skills.

March winners are:

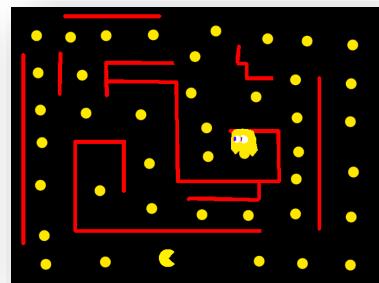
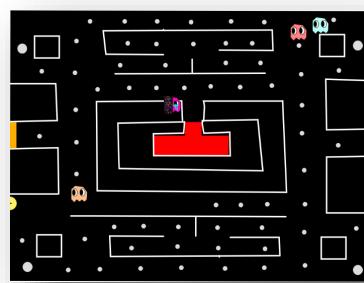
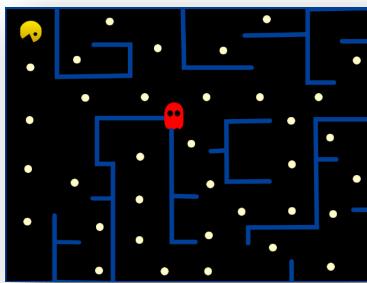
S1 Aaran P      S2 Kieran W      S3 Emily P

Well done!

Maths will be offering Easter school on Tues 8<sup>th</sup> and Thurs 10<sup>th</sup> April 0930 until 1230 for all levels - Nat 5, Higher and Advanced Higher. We look forward to seeing our pupils over the holidays to support revision and preparation for the final exam.

### Technologies

S2 pupils recently completed an impressive project where they designed interactive Pac-Man games, showcasing their problem-solving abilities and coding talents. We are impressed by the range of ideas. Well done!



## Lunchtime and After School Clubs

**M**

Lunchtime - Games Club with Mr O'Donnell S040  
Lunchtime - ICT Club with Miss Hooper F087  
After school - Futsal club, basketball

**TU**

Lunchtime - SI Coding Club with Dr Chen F086  
Lunchtime - Games Club with Mr O'Donnell S040  
After school - Fitness, Girls football

**W**

Lunchtime - Craft club with Mrs Barclay S039  
Lunchtime - Games Club with Mr O'Donnell S040  
After school- Football, Badminton

**TH**

Lunchtime - S2 Coding Club with Dr Chen F086  
Lunchtime - Games Club with Mr O'Donnell S040  
After school - Netball

**F**

Lunchtime - Diamond Painting Club  
with Miss Hussain F094



Confidence

Equity

Respect

Learning

Ambition



PORT GLASGOW  
HIGH SCHOOL  
SUCCESS FOR ALL

## Senior Pupil Leadership Team

2024-2025

### School Captains



Anna D



Aimee H



Stacy R



Jack K



PORT GLASGOW  
HIGH SCHOOL  
SUCCESS FOR ALL

### House Captains



#### KINGSTON

Emma B & Lana H



#### LITHGOW

Emily H & Emma W



#### GLEN

Emma McL & Connie M



#### FERGUSON

Ava O & James K

### S6 Ambassadors

#### Mental Health

Devon W

#### Health & Wellbeing

Cara McM



### S6 Lead Prefects

Sam McG

Logan V



# 2024-2025 School Calendar

August 2024						
Su	M	Tu	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
				13		

September 2024						
Su	M	Tu	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					
				19		

October 2024						
Su	M	Tu	W	Th	F	S
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6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		
					18	

November 2024						
Su	M	Tu	W	Th	F	S
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
				21		

December 2024						
Su	M	Tu	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				
				15		

January 2025						
Su	M	Tu	W	Th	F	S
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	
				20		

February 2025						
Su	M	Tu	W	Th	F	S
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	
			18			

March 2025						
Su	M	Tu	W	Th	F	S
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31			21		

April 2025						
Su	M	Tu	W	Th	F	S
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			1

May 2025						
Su	M	Tu	W	Th	F	S
			1	2	3	
4	5	6	7	8	9	10
11	12	13	14	15	16	17
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25	26	27	28	29	30	31
		19				

June 2025						
Su	M	Tu	W	Th	F	S
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
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29	30					
30				20		

July 2025						
Su	M	Tu	W	Th	F	S
		1	2	3	4	5
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		



School Closed/ Holidays



Teacher in-Service Day (no school for students)



School Open



## Contact Details

Name	Details	E-mail
<b>Senior Leadership Team</b>		
Mrs G Carroll	Head teacher	gillian.carroll@portglasgow.inverclyde.sch.uk
Mrs F Craig	Depute Head Teacher S1 - S2	fiona.craig@portglasgow.inverclyde.sch.uk
Mrs L Fitzharris	Depute Head Teacher S3 - S4	lisa.fitzharris@portglasgow.inverclyde.sch.uk
Ms S Welsh	Depute Head Teacher S5 - S6	suzanne.welsh@portglasgow.inverclyde.sch.uk
<b>Pastoral Team</b>		
Mrs K Brown	Head of Ferguson House	kirsty.brown@portglasgow.inverclyde.sch.uk
Mrs L Greenlees (Mon to Wed)	Head of Glen House	loredana.greenlees@portglasgow.inverclyde.sch.uk
Mr Goodfellow (Thurs & Fri)		stuart.goodfellow@portglasgow.inverclyde.sch.uk
Mrs A Rae	Head of Kingston House	amanda.rae@portglasgow.inverclyde.sch.uk
Miss Robinson	Head of Lithgow House	lydia.robinson@portglasgow.inverclyde.sch.uk
Mrs K Wilson	Principal Teacher Support for Learning	office@portglasgow.inverclyde.sch.uk
Mrs K Fraser	Principal Teacher Health & Wellbeing	kirstin.fraser@portglasgow.inverclyde.sch.uk
<b>Careers Team</b>		
Mr N Rhodes	Skills Development Scotland School Careers Advisor	Nicol.Rhodes@sds.co.uk
Mr C Hart	Principal Teacher Developing the Young Workforce	craig.hart@portglasgow.inverclyde.sch.uk

