

Helpful Web Resources

www.bbc.co.uk/scotland/learning/studyskills.shtml

Top 10 Revision Tips and links to many other useful sites and resources online

www.goconqr.com/en/learn/students/revision-for-scottish-highers/

A range of resources created by Scottish students to help revise for Higher level exams. Free sign up to access resources.

www.themix.org.uk/work-and-study/study-and-exam-tips

An alternative approach to providing study and revision tips and how to survive exams. Colourful, engaging and with a wide range of information and advice.

<http://scholar.hw.ac.uk/>

Subject specific revision and study help with some webinars and online tutorials. Students will need their Scholar log-in which is provided by school.



Helpful Web Resources

<https://getrevising.co.uk/>

Provides ready made and easy to adapt planners and a range of other revision aids.

www.revisionworld.com

Provides adaptable study planners and also revision resources for a range of subjects (based on English curriculum)

www.quizlet.com

Provides lots of information and ideas on using study cards correctly

www.sqa.org.uk/sqa/41319.html

Exam and study tips and resources from SQA

www.bbc.co.uk/scotland/brainsmart/

Tips on how to prepare for exams and learn some memory-boosting techniques!

<https://young.scot/>

Click on 'get informed' and then 'National' to find lots of helpful links to study resources



Port Glasgow High School



Help Your Child to Pass



**PORT GLASGOW
HIGH SCHOOL**
SUCCESS FOR ALL

What Can I Do to help my child with revision and studying?



Getting Organised

You can't do the revision for your child, but there is plenty you CAN do to help and encourage your child to get organised, stay motivated, study productively and keep calm.

Help your child to draw up a **revision timetable**. This should list dates, subjects/topics and what they'd like to complete by when. The timeline can have a checklist so that tasks and topics can be ticked off as progress is made.

Work with your child. **Set realistic goals** and keep up to date with how they are getting on. If goals aren't met, try to encourage positively and review the goals to get them back on track.

Revision Planners can be downloaded from various websites. These can be adapted to suit your child and their own study plan.

Getting Motivated

Getting started on a big job like revision is tough for many people, but you can help your child to get motivated. **Praise and rewards work well sometimes!**

Use the revision timetable to plan in small rewards when a certain number of targets have been met. Help your child to see beyond the revision too—**remind them of what can be achieved**. Perhaps there is a final reward for positive exam results... something to look forward to and remind them that exam revision is not for ever!

Study Productively

There are many, many different ways to study and what works best might depend on the subject being studied and the type of learner your child is. See our separate information leaflet on **Study Tips** for more details.

Staying Motivated

As far as possible, try to ensure that revision time is quiet at home. A healthy diet and regular exercise are also especially important when your child feels under pressure.

If your child is highly motivated—it can be important to ensure that they don't overwork themselves: **Breaks are essential for productive study**. A 15-20 minute break every 90 minutes is recommended, where your child can get a snack, call a friend, listen to music or watch TV to help them relax before the next study session.

If your child is struggling with a topic or a section of work and has reached a mind block—remember you or they **can contact the school for support**. It may be possible to arrange some guidance from a subject teacher or mentor.

Here's a summary of study advice

Do:-

- ✓ Ask your child which areas/subjects they need help with
- ✓ Make sure your child knows you are supporting them through study and checking progress
- ✓ Organise some study breaks & activities
- ✓ Encourage & motivate with praise and rewards
- ✓ Make sure you have a revision-friendly environment—keep distractions to a minimum.

Don't:-

- × Force your child to revise in a way that you think is best!
- × Put additional pressure on them
- × Expect them to study for long periods of time
- × Expect them to stay highly-motivated all of the time—they will need some encouragement to stay on track!
- × Do the work for them!

