**Lomond View Allergy Aware Policy**

**1. Policy Statement**

Lomond View is committed to providing a safe, inclusive, and supportive learning environment for all pupils and staff. We recognise that some members of our school community live with allergies which, in certain cases, may be severe or life-threatening. This policy sets out our approach to managing allergies and reducing the risk of allergic reactions within the school.

**2. Aims**

* To raise awareness of allergies within the school community.
* To reduce the risk of accidental exposure to allergens.
* To ensure staff are trained and confident in responding to allergic reactions, including the use of adrenaline auto-injectors (AAIs).
* To work in partnership with parents/carers, healthcare professionals, and catering providers to support children with allergies.

**3. Roles and Responsibilities**

**School Leadership**

* Ensure allergy awareness is embedded in the school’s safeguarding and health & safety policies.
* Provide staff with appropriate training in allergy management and emergency procedures.
* Ensure Individual Health Management Plans (IHMPs) are in place for pupils with allergies.

**Staff**

* Be familiar with pupils’ allergies and their IHMPs.
* Take reasonable steps to reduce exposure to allergens during lessons, activities, and trips.
* Respond promptly and appropriately in the event of an allergic reaction.

**Catering Staff**

* Follow Food Standards Scotland regulations and best practice in allergen management.
* Provide accurate allergen information for all food served.

**Parents/Carers**

* Inform the school of their child’s allergies and provide up-to-date medical information.
* Supply appropriate medication (e.g., AAIs, antihistamines) in date and clearly labelled.
* Work with the school to develop and review their child’s IHMP.

**Pupils**

* Be encouraged (where age appropriate) to take responsibility for managing their allergies, including avoiding allergens and reporting symptoms to staff.
* Respect the needs of others in maintaining an allergy aware environment.

**4. Allergen Management**

* **Food:**
  + Parents are asked not to send foods containing nuts (and other high-risk allergens, where agreed) into school.
  + Birthdays/celebrations should be managed sensitively, with alternatives offered where needed.
  + Pupils should not share food or drink.
* **Classroom Activities:**
  + Staff will check art, science, and play materials for potential allergens.
  + Alternative resources will be provided where necessary.
* **Trips and Events:**
  + Risk assessments will include allergy considerations.
  + Emergency medication will be carried and staff trained in its use.

**5. Emergency Response**

In the event of a suspected allergic reaction:

1. Remain calm and follow the child’s IHMP.
2. Administer prescribed medication (e.g., AAI) without delay.
3. Call 999 immediately, stating “anaphylaxis.”
4. Contact parents/carers.
5. Ensure a member of staff accompanies the child to hospital if required

**6. Training and Awareness**

* All staff will receive regular training on allergy awareness, recognising symptoms, and administering AAIs when a pupil arrives with an allergy requiring this medication.
* Refresher training will be provided annually and when a new pupil with allergies joins the school.

**7. Monitoring and Review**

* This policy will be reviewed annually, or sooner if guidance changes.
* IHMPs will be reviewed with parents/carers and healthcare professionals at least once a year.
* Incidents will be recorded, monitored, and used to improve practice.

**Further Information**  
Allergy UK: https://www.allergyuk.org/living-with-an-allergy/at-school/  
Anaphylaxis campaign: https://www.anaphylaxis.org.uk/