|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Week 1** | Monday | Tuesday | Wednesday | Thursday | Friday |
| Starter | Homemade soup | Homemade soup | Homemade soup | Homemade soup | Melon |
| Option 1  (Red) | Italiano Chicken with potatoes | Sausages in gravy with mash potato | Chicken curry with rice | Spaghetti Bolognaise | Fish and Chips |
| Option 2  (Blue) | Macaroni Cheese(v) | Quorn Burrito wrap(v) | Homemade Cheese and tomato pizza(v) | Fish fingers with mash potato | Beef Burger in a bun |
| Option 3  (Yellow) | Ham Sandwich | Ham Panini | Tuna Wrap | Cheese Toastie(v) | Cheese Sandwich(v) |
| Baked Potato  (Green) | Various fillings | | | | |
| Served daily | Seasonal Vegetables, Fresh Fruit and Salad Bar | | | | |
| Dessert | Fresh Fruit  Yoghurt | Fresh Fruit  Yoghurt  Shortbread | Fresh Fruit  Yoghurt | Fresh Fruit  Yoghurt  Iced sponge | Fruity Friday  Yoghurt |

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| --- | --- | --- | --- | --- | --- |
| **Week 2** | Monday | Tuesday | Wednesday | Thursday | Friday |
| Starter | Homemade soup | Homemade soup | Homemade soup | Homemade soup | Melon |
| Option 1  (Red) | Chicken curry with rice | Mince(pie) with mash potato | Grilled Sausages with mash potato | Turkey meatballs with Spaghetti | Fish and Chips |
| Option 2  (Blue) | Homemade Cheese and tomato pizza(v) | Quorn Dippers with mash potato(v) | Macaroni Cheese(v) | Fish Fingers with mash potato | Chicken burger in a bun |
| Option 3  (Yellow) | Tuna Wrap | Ham Toastie | Ham Sandwich | Cheese Panini(v) | Cheese Sandwich(v) |
| Baked Potato  (Green) | Various fillings | | | | |
| Served daily | Seasonal Vegetables, Fresh Fruit and Salad Bar | | | | |
| Dessert | Fresh Fruit  Yoghurt | Fresh Fruit  Yoghurt  Custard Biscuit | Fresh Fruit  Yoghurt | Fresh Fruit  Yoghurt  Iced Biscuit | Fruity Friday  Yoghurt |

**Week commencing**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 19th Aug 19 | 9th Sept 19 | 30th Sept 19 | 28th Oct 19 | 18th Nov 19 |
| 9th Dec 19 | 13th Jan 10 | 3rd Feb 20 | 24th Feb 20 | 16th Mar 20 |
| 20th April 20 | 11th May 20 | 1st June 20 | 22nd June 20 |  |

**Week commencing**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 26th Aug 19 | 16th Sept 19 | 7th Oct 19 | 4th Nov 19 | 25th Nov 19 |
| 16th Dec 19 | 20h Jan 20 | 10th Feb 20 | 2nd Mar 20 | 23rd Mar 20 |
| 27th April 20 | 18th May 20 | 8th June 20 |  |  |

**Week commencing**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 2nd Sept 19 | 23rd Sept 20 | 21st Oct 19 | 11th Nov 19 | 2nd Dec19 |
| 6th Jan 20 | 27th Jan 20 | 17th Feb 20 | 9th Mar 20 | 30th Mar 20 |
| 4th May 20 | 25th May 20 | 15th June 20 |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Week 3** | Monday | Tuesday | Wednesday | Thursday | Friday |
| Starter | Homemade soup | Homemade soup | Homemade soup | Homemade soup | Melon |
| Option 1  (Red) | Chicken curry with rice | Steak and sausage pie with potatoes | Chicken Breast with potatoes | Spaghetti Bolognaise | Fish and Chips |
| Option 2  (Blue) | Homemade Cheese and tomato pizza(v) | Quorn Burrito wrap(v) | Tomato and Basil Pasta with Garlic bread (v) | Quorn Dippers with mash potato(v) | Pork sausage in a roll |
| Option 3  (Yellow) | Ham Wrap | Cheese Toastie(v) | Ham Panini | Tuna Sandwich | Cheese Sandwich(v) |
| Baked Potato  (Green) | Various fillings | | | | |
| Served daily | Seasonal Vegetables, Fresh Fruit and Salad Bar | | | | |
| Dessert | Fresh Fruit  Yoghurt | Fresh Fruit  Yoghurt  Caramel Flan | Fresh Fruit  Yoghurt | Fresh Fruit  Yoghurt  Frozen Yoghurt | Fruity Friday  Yoghurt |

**Inverclyde Primary School Meals 2019- 2020**

School meals are free for pupils in P1-P4; the cost of a meal for P5- P7 is £2.05 and £2.60for adults.

This will comprise of a Main meal option with soup OR dessert and a drink.

* Vegetables, Salad and bread will be available daily.
* Fresh fruit will be offered daily.
* Sandwiches, wraps, Panini’s and toasties are served with salad and/or vegetables.
* Baked potatoes will be served with a choice of fillings & salad.
* A Selection of drinks will be available daily.
* Special dietary requirements can be catered for on request from your child’s dietician.
* Theme Days will be carried out throughout the year.

**School Catering Facility Feedback**

Inverclyde Council aim to provide a high quality catering service for all pupils. We welcome and encourage feedback in order for us to continually improve our services. You can submit feedback at [School Catering Facility Feedback](http://www.inverclyde.gov.uk/forms/ShowForm.asp?fm_fid=414) where you will find the School Catering Facility feedback form. Menus are subject to change in unforeseen circumstances.

Inverclyde Council are proud to hold a Bronze Food for Life award. To find out more about what this means for your child’s school meals please visit: <http://www.foodforlife.org.uk/>

