**Inverclyde Secondary school menu 2023-24**

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| **Week 1** | | Monday | | | Tuesday | | Wednesday | | Thursday | Friday |
| Morning break | | Bagels, toasties, panini, toast, hot filled rolls | | | | | | | | |
| Starter  80p | | Soup of the day | | | | | | | | |
| **Option 1-** Main meal  **£2.00** | | Salmon bites with potato wedges | | | Chicken meatballs in gravy with mash potato | | Pasta Bolognaise | | Chicken and vegetable pie | Breaded Haddock or Beef/ Quorn burger  & Chips |
| **Option 2 –** Pasta  **£1.30** | | Tomato and basil penne | | | Cheesy macaroni | | Cajun Chicken pasta | | Vegeball and tomato pasta |  |
| **Option 3-** Burger  **£1.50** | | turkey burger | | | Quorn Southern Style Burger | | Chicken burger | | Quorn Southern Style Burger |  |
| **Option 4 -**pizza  **£1.30** | | Triple cheese or Spicy Chicken pizza  (options will vary depending on school, please check with the catering staff) | | | | | | | | |
| **Dessert**  **50p** | | Chocolate or plain cupcake | | | | | | | | |
| **Option 5-**  **From £1.20-£1.80** | | **Filled sandwiches, rolls, wraps, baguettes, Panini and baked potatoes**  **Choose from the following Fillings:** Cheese, Sliced Chicken, sliced Turkey, Tuna mayo, Chicken mayo  **Pizzini-** Cheese or Spicy Chicken | | | | | | | | |
| Available FREE when purchasing option 1,2,3,4 or 5 | | Seasonal vegetables, Salad, Selection of Fresh Seasonal fruit | | | | | | | | |
| 14th Aug 23 | 21st Aug 23 | | 11th Sept 23 | 2nd Oct 23 | | 23rd Oct 23 | |
| 13th Nov 23 | 4th Dec 23 | | 8th Jan 24 | 29th Jan 24 | | 19th Feb 24 | |
| 11th Mar 24 | 22nd Apr 24 | | 13th May 24 | 3rd June 24 | | 24th June 24 | |

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| **Week 2** | | | Monday | | | Tuesday | | Wednesday | | Thursday | Friday | |
| Morning Break | | | Bagels, toasties, toast, hot filled rolls | | | | | | | | | |
| Starter  80p | | | Soup of the day | | | | | | | | | |
| **Option 1-** Main meal  **£2.00** | | | Chicken fajitas/ enchilada | | | Vegan sausage roll with potato wedges | | Steak and sausage pie with mash potato | | Chicken curry with rice | Fish & Chips or beef/Quorn burger and chips | |
| **Option 2 –** Pasta  **£1.30** | | | Tomato and basil penne | | | Cheesy macaroni | | Cajun Chicken pasta | | Vegeball and tomato pasta |  | |
| **Option 3-** Burger  **£1.50** | | | turkey burger | | | Quorn Southern Style Burger | | Chicken burger | | Quorn Southern Style Burger |  | |
| **Option 4 -**pizza  **£1.30** | | | Triple cheese or Spicy Chicken pizza  (options will vary depending on school, please check with the catering staff) | | | | | | | | | |
| **Dessert**  **50p** | | | Chocolate or plain cupcake | | | | | | | | | |
| **Option 5-**  **From £1.20-£1.80** | | | **Filled sandwiches, rolls, wraps, baguettes, Panini and baked potatoes**  **Choose from the following Fillings:** Cheese, Sliced Chicken, sliced Turkey, Tuna mayo, Chicken mayo  **Pizzini-** Cheese or Spicy Chicken | | | | | | | | | |
| Available FREE when purchasing option 1,2,3,4 or 5 | | | Seasonal vegetables, Salad, Selection of Fresh Seasonal fruit | | | | | | | | |
| 28th Aug 23 | 18th Sept 23 | | 9th Oct 23 | 30th Oct 23 | | 20th Nov 23 | |
| 11th Dec 23 | 15th Jan 24 | | 5th Feb 24 | 26th Feb 24 | | 18th Mar 24 | |
| 29th April 24 | 20th May 24 | | 10th June 24 |  | |  | |

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| **Week 3** | | Monday | | | Tuesday | | Wednesday | | Thursday | Friday | |
| Morning Break | | Bagels, toasties, toast, hot filled rolls | | | | | | | | | |
| Starter  80p | | Soup of the day | | | | | | | | | |
| **Option 1-** Main meal  **£2.00** | | Pork sausages with mash potato | | | Roast turkey with Yorkshire pudding and roast potato | | Chilli beef Nachos with salad and a selection of sauces | | Chicken meatball Sub with potato wedges | Fish & Chips or Beef/Quorn burger and chips | |
| **Option 2 –** Pasta  **£1.30** | | Tomato and basil penne | | | Cheesy macaroni | | Cajun Chicken pasta | | Vegeball and tomato pasta |  | |
| **Option 3-** Burger  **£1.50** | | turkey burger | | | Quorn Southern Style Burger | | Chicken burger | | Quorn Southern Style Burger |  | |
| **Option 4 -**pizza  **£1.30** | | Triple cheese or Spicy Chicken pizza  (options will vary depending on school, please check with the catering staff) | | | | | | | | | |
| **Dessert**  **50p** | | Chocolate or plain cupcake | | | | | | | | | |
| **Option 5-**  **From £1.20-£1.80** | | **Filled sandwiches, rolls, wraps, baguettes, Panini and baked potatoes**  **Choose from the following Fillings:** Cheese, Sliced Chicken, sliced Turkey, Tuna mayo, Chicken mayo  **Pizzini-** Cheese or Spicy Chicken | | | | | | | | | |
| Available FREE when purchasing option 1,2,3,4 or 5 | | Seasonal vegetables, Salad, Selection of Fresh Seasonal fruit | | | | | | | | |
| 4th Sept 23 | 25th Sept 23 | | 6th Nov 23 | 27th Nov 23 | | 18th Dec 23 | |
| 22nd Jan 24 | 12th Feb 24 | | 4th Mar 24 | 25th Mar 24 | | 15th April 24 | |
| 6th May 24 | 27th May 24 | | 17th June 24 |  | |  | |