

## Uniform

The vast majority of pupils are wearing the appropriate school uniforms. Thank you for your support in this matter.

S1-S3 pupils have been wearing PE uniform on the days that they have PE on their timetable. This will continue until the October break.

**Please remember that pupils must only wear PE uniform on PE days. PE uniform consists of plain black jogging bottoms or black school leggings and a school polo shirt (navy).**



## Face covering

In light of the latest scientific and public health advice, face coverings should now (unless exemptions apply) be worn: in school corridors and communal areas where physical distancing is difficult to maintain. They should also be worn on school and public transport and in shops.



If your child does not have a face covering at home we have masks in the school office that we can supply if requested.

## Outdoor Areas

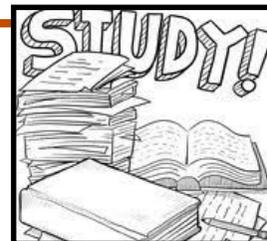
We are lucky to have great outdoor areas in the school, we are using these areas for outdoor lessons, and social areas before school, at interval and lunchtime when weather permits. Evidence suggests that outdoor environments



can limit transmission, and allows for appropriate physical distancing between children. This is why we are trying to use this space as much as possible during each session. When the weather is not appropriate for outdoor social time, the pupils have been allocated indoor areas in year group 'bubbles'.

## Learning and Teaching

Next week (September) we are starting our weekly Supported Study sessions for Senior Pupils.



This will support learning and teaching for our pupils and help get them back on track after 5 months out of school. Any work completed at these sessions will be collected as evidence to support SQA estimates in case of further lockdowns. **Please actively encourage your child to attend.**

## Inverclyde Academy



*Keeping our community  
safe  
2020/21*

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## What to do if your child is unwell

### A message from Scottish Government...

Following the return of schools after a prolonged break, it is common for colds and similar viral infections to circulate. In many cases, children will be well enough to attend school and continue their learning with little or no interruption to their education. In other cases, for instance where they have quite a heavy cold, they may need to take a day or two off to recover.

In order to ensure your children do not miss out on their education, it is important to be clear about how COVID-19 symptoms differ from those of other infections that we normally see circulating at this time of year.



A symptom checker can be found on the Parent Club website.

<https://www.parentclub.scot/topics/coronavirus>



Do they have a fever?

YES

NO

Do they have a new continuous cough\*?

YES

NO

Do they have a loss of or change in smell or taste?

YES

NO

### Book a test - stay at home

You can book a test online on the NHS Inform website. If you can't book online, you can call 0800 028 2816. Anyone who has symptoms can be tested.

If your child tests positive they need to isolate for 10 days from the day their symptoms first appeared. Everyone else in the house will need to isolate for 14 days from when these symptoms first appeared.

If the child that had symptoms test negative and they are not already isolating as a 'close contact' of a confirmed case they can stop isolating and go back to school or nursery when they are well enough and have not had a fever for 48 hours. The rest of their household can end isolation straight away.

If your child doesn't have symptoms of COVID-19 but has other cold-like symptoms, such as a runny nose, they don't need to be tested. The advice on self-isolation only applies if your child (or someone in your household) has Covid-19 symptoms.

\*Your child needs tested if they have a cough that has lasted for more than an hour, if they have had three or more coughing episodes in 24 hours or if they are coughing more than usual.