Inverclyde Nursery Lunch Menu Aug 25 – June 26 – Allergen Information

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1 Red	Salmon bites **Contains:** Gluten, fish, Wheat Mash potato **Contains:** None of the 14 food allergens	BBq Chicken Breast **Contains:** None of the 14 food allergens Potato wedges **Contains:** None of the 14 food allergens	Mince Pie Mince **Contains:** None of the 14 Allergens Puff pastry top **Contains:** Gluten and Wheat Mash potato **Contains:** None of the 14 food allergens	Chicken Curry with Rice **Contains:** Gluten and Wheat Rice **Contains:** None of the 14 Allergens	Fish fingers **Contains:** Fish, Gluten and wheat Mash potato **Contains:** None of the 14 food allergens
Option 2 Blue	Baked potato with Cheese(v) **Contains:** Milk Baked potato with Tuna mayo **Contains:** Egg, Fish	Baked potato with Cheese(v) **Contains:** Milk Baked potato with Tuna mayo **Contains:** Egg, Fish	Quorn tikka(v) **Contains:** Egg, Milk Rice **Contains:** None of the 14 Allergens	Tomato and basil pasta(v) **Contains:** Gluten, Wheat **May contain:** Mustard and Soya Potato wedges **Contains:** None of the 14 food allergens	Baked potato with Cheese(v) **Contains:** Milk Baked potato with Tuna mayo **Contains:** Egg, Fish
Option 3 Yellow	Cheese Sandwich(v) **Contains:** Gluten, Milk Soya and Wheat **May contain:** Barley	Chicken Wrap **Contains:** Gluten and Wheat	Cheese Roll(v) **Contains:** Gluten, Milk and Wheat **May contain:** Egg and Soya	Chicken Sandwich **Contains:** Gluten, Soya and Wheat **May contain:** Barley	Cheese sandwich(v) **Contains:** Gluten, Milk Soya and Wheat **May contain:** Barley
Others		Natural Yoghurt **Contains:** Milk		Natural Yoghurt **Contains:** Milk	

Week commencing

*These dates apply to 52 week nursery pupils only

18th Aug 25	8th Sept 25	29th Sept 25	20th Oct 25	10th Nov 25
1st Dec 25	5th Jan 26	26th Jan 26	16th Feb 26	9th Mar 26
30th Mar 26	20th April 26	11th May 26	1st June 26	22nd Jun 26

Inverclyde Nursery Lunch Menu Aug 25 – June 26 – Allergen Information

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Macaroni Cheese(v) **Contains:** Gluten, Milk and Wheat **May contain:** Mustard and Soya	Chicken meatballs in tomato sauce **Contains:** None of the 14 Allergens Pasta **Contains:** Gluten and Wheat	Stew Steak and Sausage **Contains:** Wheat and Sulphites Puff pastry top **Contains:** Gluten and Wheat Mash potato **Contains:** None of the 14 food allergens	Chicken Curry with Rice **Contains:** Gluten and Wheat Rice **Contains:** None of the 14 Allergens	Fish fingers **Contains:** Fish, Gluten and wheat Mash potato **Contains:** None of the 14 food allergens
Option 2	Baked potato with Cheese(v) **Contains:** Milk Baked potato with Tuna mayo **Contains:** Egg, Fish	Quorn dippers(v) **Contains:** Gluten and Wheat Mash potato **Contains:** None of the 14 food allergens	Quorn Cajun Pasta(v) **Contains:** Egg, Gluten, Milk and Wheat **May contain:** Mustard and Soya	Baked potato with Cheese(v) **Contains:** Milk Baked potato with Tuna mayo **Contains:** Egg, Fish	Baked potato with Cheese(v) **Contains:** Milk Baked potato with Tuna mayo **Contains:** Egg, Fish
Option 3	Cheese Sandwich(v) **Contains:** Gluten, Milk Soya and Wheat **May contain:** Barley	Chicken Wrap **Contains:** Gluten and Wheat	Cheese Roll(v) **Contains:** Gluten, Milk and Wheat **May contain:** Egg and Soya	Chicken Sandwich **Contains:** Gluten, Soya and Wheat **May contain:** Barley	Cheese sandwich(v) **Contains:** Gluten, Milk Soya and Wheat **May contain:** Barley
Others		Natural Yoghurt **Contains:** Milk		Natural Yoghurt **Contains:** Milk	

Week commencing

*These dates apply to 52 week nursery pupils only

25th Aug 25	15th Sep 25	6th Oct 25	27th Oct 25	17th Nov 25
8th Dec 25	12th Jan 26	2nd Feb 26	23rd Feb 26	16th Mar 26
*4th April 26	27th April 26	18th May 26	8th June 26	29th June 26

Inverclyde Nursery Lunch Menu Aug 25 – June 26 – Allergen Information

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1 (Red)	Chicken meatballs in tomato sauce **Contains:** None of the 14 Allergens Pasta **Contains:** Gluten and Wheat **May contain**: Mustard and Soya	Roast turkey & Gravy **Contains:** None of the 14 Allergens Yorkshire pudding **Contains:** Egg, Gluten, Milk and Wheat Roast potatoes **Contains:** None of the 14 Allergens	Pasta Bolognaise **Contains:** Gluten, Sulphites and Wheat **May contain:** Mustard and Soya	Macaroni Cheese(v) **Contains:** Gluten, Milk and Wheat **May contain:** Mustard and Soya	Vegan sausage roll(v) **Contains:** Barley, Gluten Soya and Wheat **May contain:** Milk Baked beans **Contains:** None of the 14 Allergens
Option 2 (Blue)	Quorn tikka(v) **Contains:** Egg, Milk Rice **Contains:** None of the 14 Allergens	Quorn dippers(v) **Contains:** Gluten and Wheat Mash potato **Contains:** None of the 14 food allergens	Baked potato with Cheese(v) **Contains:** Milk Baked potato with Tuna mayo **Contains:** Egg, Fish	Baked potato with Cheese(v) **Contains:** Milk Baked potato with Tuna mayo **Contains:** Egg, Fish	Baked potato with Cheese(v) **Contains:** Milk Baked potato with Tuna mayo **Contains:** Egg, Fish
Option 3 (Yellow)	Cheese Sandwich(v) **Contains:** Gluten, Milk Soya and Wheat **May contain:** Barley	Chicken Wrap **Contains:** Gluten and Wheat	Cheese Roll(v) **Contains:** Gluten, Milk and Wheat **May contain:** Egg and Soya	Chicken Sandwich **Contains:** Gluten, Soya and Wheat **May contain:** Barley	Cheese sandwich(v) **Contains:** Gluten, Milk Soya and Wheat **May contain:** Barley
Others		Natural Yoghurt **Contains:** Milk		Natural Yoghurt **Contains:** Milk	

Week commencing

*These dates apply to 52 week nursery pupils only

1st Sept 25	22nd Sept 25	***13th Oct 25**	3rd Nov 25	24th Nov 25
15th Dec 25	19th Jan 26	9th Feb 26	2nd Mar 26	23rd Mar 26
*13th April 26	4th May 26	25th May 26	15th June 26	