

Inverclyde Nursery Lunch Menu Aug 24 - June 25 - Allergen Information

<u>Week 1</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1 Red	<u>Baked potato with Cheese(v)</u> Contains: Milk <u>Baked potato with Tuna mayo</u> Contains: Egg, Fish	<u>BBq Chicken Breast</u> Contains: None of the 14 food allergens <u>Potato wedges</u> Contains: None of the 14 food allergens	<u>Pasta Bolognese</u> Contains: Gluten, Sulphites and Wheat	<u>Chicken Curry with Rice</u> Contains: Celery, Gluten, Mustard, Sulphites and Wheat <u>Rice</u> Contains: None of the 14 Allergens	<u>Baked potato with Cheese(v)</u> Contains: Milk <u>Baked potato with Tuna mayo</u> Contains: Egg, Fish
Option 2 Blue	<u>Salmon bites</u> Contains: Gluten, fish, Wheat <u>Mash potato</u> Contains: None of the 14 food allergens	<u>Tomato and basil pasta(v)</u> Contains: Gluten, Wheat <u>Potato wedges</u> Contains: None of the 14 food allergens	<u>Quorn Burrito(v)</u> Contains: Egg, Wrap Contains: Gluten and Wheat	<u>Baked potato with Cheese(v)</u> Contains: Milk <u>Baked potato with Tuna mayo</u> Contains: Egg, Fish	<u>Fish fingers</u> Contains: Fish, Gluten and wheat <u>Mash potato</u> Contains: None of the 14 food allergens
Option 3 Yellow	<u>Cheese Sandwich(v)</u> Contains: Gluten, Milk Soya and Wheat May contain: Barley and Sesame	<u>Chicken Sandwich</u> Contains: Gluten, Soya and Wheat May contain: Barley and Sesame	<u>Tuna Mayo Sandwich</u> Contains: Egg, fish, Gluten, soya and Wheat May contain: Barley and Sesame	<u>Chicken Sandwich</u> Contains: Gluten, Soya and Wheat May contain: Barley and Sesame	<u>Cheese sandwich(v)</u> Contains: Gluten, Milk Soya and Wheat May contain: Barley and Sesame

Week commencing

***These dates apply to 52 week nursery pupils only**

12 th Aug 24	19 th Aug 24	9 th Sept 24	30 th Sept 24	21 st Oct 24
11 th Nov 24	2 nd Dec 24	6 th Jan 25	27 th Jan 25	17 th Feb 25
10 th Mar 25	31 st Mar 25	21 st April 25	12 th May 25	2 nd June 25
23 rd June 25				

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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	<u>Chicken Grill</u> Contains: Gluten and Wheat <u>Potato Wedges</u> Contains: None of the 14 food allergens	<u>Chicken meatballs in tomato sauce</u> Contains: None of the 14 Allergens <u>Pasta</u> Contains: Gluten and Wheat	<u>Stew Steak and GF Sausage</u> Contains: Celery and Sulphites <u>Puff pastry top</u> Contains: Gluten and Wheat <u>Mash potato</u> Contains: None of the 14 food allergens	<u>Chicken Curry with Rice</u> Contains: Celery, Gluten, Mustard, Sulphites and Wheat <u>Rice</u> Contains: None of the 14 Allergens	<u>Baked potato with Cheese(v)</u> Contains: Milk <u>Baked potato with Tuna mayo</u> Contains: Egg, Fish
Option 2	<u>Tuna Mayo Pasta</u> Contains: Egg, Fish, Gluten and Wheat	<u>Quorn dippers(v)</u> Contains: Gluten and Wheat <u>Mash potato</u> Contains: None of the 14 food allergens	<u>Baked potato with Cheese(v)</u> Contains: Milk <u>Baked potato with Tuna mayo</u> Contains: Egg, Fish	<u>Macaroni Cheese(v)</u> Contains: Gluten, Milk and Wheat	<u>Fish fingers</u> Contains: Fish, Gluten and wheat <u>Mash potato</u> Contains: None of the 14 food allergens
Option 3	<u>Cheese Sandwich(v)</u> Contains: Gluten, Milk Soya and Wheat May contain: Barley and Sesame	<u>Chicken Sandwich</u> Contains: Gluten, Soya and Wheat May contain: Barley and Sesame	<u>Tuna Mayo Sandwich</u> Contains: Egg, fish, Gluten, soya and Wheat May contain: Barley and Sesame	<u>Chicken Sandwich</u> Contains: Gluten, Soya and Wheat May contain: Barley and Sesame	<u>Cheese sandwich(v)</u> Contains: Gluten, Milk Soya and Wheat May contain: Barley and Sesame

Week commencing

***These dates apply to 52 week nursery pupils only**

26 th Aug 24	16 th Sept 24	7 th Oct 24	28 th Oct 24	18 th Nov 24
9 th Dec 24	13 th Jan 25	3 rd Feb 25	24 th Feb 25	17 th Mar 25
7th April 25 *	28th April 25	19th May 25	9th June 25	

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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1 (Red)	<u>Roast turkey & Gravy</u> Contains: None of the 14 Allergens <u>Yorkshire pudding</u> Contains: Egg, Gluten, Milk and Wheat <u>Roast potatoes</u> Contains: None of the 14 Allergens	<u>Chicken meatballs in tomato sauce</u> Contains: None of the 14 Allergens <u>Pasta</u> Contains: Gluten and Wheat	<u>Chilli Con Carne</u> Contains: None of the 14 Allergens <u>Rice</u> Contains: None of the 14 Allergens	<u>Beef Burger</u> Contains: Gluten and Wheat <u>Roll</u> Contains: Gluten, Sesame and Wheat <u>Potato Wedges</u> Contains: None of the 14 food allergens	<u>Baked potato with Cheese(v)</u> Contains: Milk <u>Baked potato with Tuna mayo</u> Contains: Egg, Fish
Option 2 (Blue)	<u>Quorn Tikka(v)</u> Contains: Egg, Rice Contains: None of the 14 Allergens	<u>Baked potato with Cheese(v)</u> Contains: Milk <u>Baked potato with Tuna mayo</u> Contains: Egg, Fish	<u>Quorn dippers(v)</u> Contains: Gluten and Wheat <u>Mash potato</u> Contains: None of the 14 food allergens	<u>Macaroni Cheese(v)</u> Contains: Gluten, Milk and Wheat	<u>Vegan sausage roll(v)</u> Contains: Gluten and Wheat <u>Baked beans</u> Contains: None of the 14 Allergens
Option 3 (Yellow)	<u>Cheese Sandwich(v)</u> Contains: Gluten, Milk Soya and Wheat May contain: Barley and Sesame	<u>Chicken Sandwich</u> Contains: Gluten, Soya and Wheat May contain: Barley and Sesame	<u>Tuna Mayo Sandwich</u> Contains: Egg, fish, Gluten, soya and Wheat May contain: Barley and Sesame	<u>Chicken Sandwich</u> Contains: Gluten, Soya and Wheat May contain: Barley and Sesame	<u>Cheese sandwich(v)</u> Contains: Gluten, Milk Soya and Wheat May contain: Barley and Sesame

Week commencing

***These dates apply to 52 week nursery pupils only**

2nd Sept 24	23 rd Sept 24	14th Oct 24*	4th Nov 24	25th Nov 24
16th Dec 24	20 th Jan 25	10 th Feb 25	3 rd Mar 25	24 th Mar 25
14th April 25*	5 th May 25	26th May 25	16th June 25	