**Activities for unit 1 Personal and Interpersonal Skills and Abilities**

1. **Identifying Skills and Abilities**

**Activity 1**

1. **Below are a list of skills and abilities. Complete an audit of where you are now. Record this in your learning journal/portfolio.**

Rate yourself (1=Not very well developed; 3=very well developed)

|  |  |  |  |
| --- | --- | --- | --- |
| *Skills and Abilities* | *1* | *2* | *3* |
| Self confidence |  | 🗸 |  |
| Self-discipline |  |  | 🗸 |
| Team Work  |  |  | 🗸 |
| Act as a Leader | 🗸 |  |  |
| Listen to others |  |  | 🗸 |
| Write for academic purposes  |  |  | 🗸 |
| Computing Skills  |  | 🗸 |  |
| Be Creative  |  | 🗸 |  |
| Problem solving  | 🗸 |  |  |

**Activity 2**

1. **Complete the audit below, using the information from the table above.**

|  |  |  |
| --- | --- | --- |
| **Recognition** | **Reflection** | **Action** |
| *Skills already developed* | *How I will use these*  | *How do I know (evidence)\*\** |
| Self confidence | I will have to be self-confident to confidently complete my assignments independently and whilst teaching pupils within the classroom. |  |
| Self-discipline | I will use self-discipline throughout the full course, specifically when revising for exams and effectively completing assignments. |  |
| Team Work  | I will use this skill within our Working Together module, where students from each of the three professions must effectively learn how they can work as a team. |  |
| Act as a Leader | It is essential to act as a leader whilst teaching within the classroom. It allows pupils to view you as a positive role model. |  |
| Listen to others | As a teacher, it is essential to listen to every pupil in order to understand each individual’s views and opinions within the classroom. |  |
| Write for academic purposes  | I have previously used this skill within my coursework at A-Level, although I hope to develop it as I complete assignments at university level. |  |
| Computing Skills  | It is extremely important within an education course to keep up to date with technological advances, as the use of ICT is becoming more prevalent within the classroom. |  |
| Be Creative  | Being creative is an important aspect of being a primary teacher, especially when planning new, exciting lessons for pupils to engage with. I hope to develop this within my placement periods. |  |
| Problem solving  | Within the classroom, many issues may arise and through using the skill of problem solving, these can hopefully be resolved in the most efficient and effective way. |  |

|  |  |  |
| --- | --- | --- |
| **Recognition** | **Reflection** | **Action** |
| *Skills to be developed* | *How I will develop these*  | *How do I know (evidence) \*\** |
| Act as a leader | I will develop my confidence hopefully within my first placement in February, which will help me to act as a leader. |  |
| Organise and plan  | To organise and plan is an important aspect within teaching and is a skill that I will develop through creating lesson plans and through managing my time efficiently. |  |
| Debate formally and informally  | In order to develop my skill of debating formally and informally, valuing each individual’s opinion within the course will be essential. |  |
| Build social networks | I will be able to develop this skill through participating within group activities, particularly allowing me to build my social network regarding individuals from various professions, such as CLD and social work, which is encouraged within our Working Together module.  |  |
| Think critically  | I will develop this skill through completing various assignments based on many areas and aspects of becoming a teacher. |  |
| Generate new ideas  | I will generate new ideas on a daily basis within the classroom, such as creating engaging lessons for the pupils. |  |

\*\* This section should be completed as you identify when/where/how you have used/developed these skills.