**Activities for unit 1 Personal and Interpersonal Skills and Abilities**

1. **Identifying Skills and Abilities**

**Activity 1**

1. **Below are a list of skills and abilities. Complete an audit of where you are now. Record this in your learning journal/portfolio.**

Rate yourself (1=Not very well developed; 3=very well developed)

|  |  |  |  |
| --- | --- | --- | --- |
| *Skills and Abilities* | *1* | *2* | *3* |
| Self confidence |  | X |  |
| Self-discipline |  | X |  |
| Team Work |  |  | X |
| Act as a Leader |  | X |  |
| Listen to others |  |  | X |
| Write for academic purposes |  | X |  |
| Computing Skills | X |  |  |
| Be Creative |  |  | X |
| Problem solving |  | X |  |

**Activity 2**

1. **Complete the audit below, using the information from the table above.**

|  |  |  |
| --- | --- | --- |
| **Recognition** | **Reflection** | **Action** |
| *Skills already developed* | *How I will use these* | *How do I know (evidence)\*\** |
| Self confidence | I will use self-confidence as a means of preparing good lessons to teach pupils. I will make sure to go over my lessons thoroughly and make myself sure that I can teach the lesson as clearly as possible. |  |
| Self-discipline | I had good self-discipline when I was studying for exams in school and will make sure I keep this up for writing assignments and submitting them in on time. I will make sure to manage my time effectively. |  |
| Team Work | Team work is a vital skill needed for teaching and I will use it every time I am working in a group and will work very effectively with my group when we complete our group presentation in December. |  |
| Act as a Leader | It is very important to act as a leader so that pupils know who is in charge and so that they also have a good role model. I hope to act as a leader by maintaining control in the classroom to help pupils learn effectively. |  |
| Listen to others | Listening to others is essential in life and very useful in terms of hearing lots of different opinions and views. I will listen to others every time I am doing group work and consider what everyone has to say. |  |
| Write for academic purposes | I will write for academic purposes whilst completing my ePortfolio and recording and reflecting the experiences I have. In addition, I will be writing about issues regarding teaching. |  |
| Computing Skills | I will use computing skills when creating power points for lessons and writing up my ePortfolio in my blog |  |
| Be Creative | I will be creative by adding my own creative twist onto lessons, for example by making up games, making them more fun and enjoyable for pupils. |  |
| Problem solving | I will use problem solving skills when faced with dilemmas and will try my very best to resolve them. |  |

|  |  |  |
| --- | --- | --- |
| **Recognition** | **Reflection** | **Action** |
| *Skills to be developed* | *How I will develop these* | *How do I know (evidence) \*\** |
| Act as a leader |  |  |
| Organise and plan | I will organise and plan lessons thoroughly whilst on placement and also organise and plan my time efficiently for when I am writing essays or assignments so that I can complete everything on time. |  |
| Debate formally and informally | I will gain these skills by participating in group discussions and debates either in person or online. Furthermore, by speaking with my fellow classmates. |  |
| Build social networks | I will build social networks by participating in discussion groups and meeting with class mates. |  |
| Think critically | I will think critically when researching different issues regarding teaching and when writing essays about them. |  |
| Generate new ideas | I will do this by trying to think of new interesting ways of teaching particular subjects on placement and also throughout research and writing blog posts and essays. |  |

\*\* This section should be completed as you identify when/where/how you have used/developed these skills.