**Gender differences in outdoors webinar 23/11/20**

**Slide 7 Other policy drivers slide:**

<https://cypcs.org.uk/rights/uncrc/articles/?sf_paged=4>

<https://www.globalgoals.org/>

**Outdoor spaces and accessibility**

**Slide 10 - Toileting – solutions**

**Wild toileting guide** <https://creativestarlearning.co.uk/early-years-outdoors/where-to-go-when-you-need-to-go/>

This has been adapted from the Scottish Access Code Guide & gives a comprehensive overview of safe & sustainable procedures.

<https://www.outdooraccess-scotland.scot/>

**Slide 11 - Risk assessments - solutions**

SAPOE – key document – ‘going out there’ <https://www.goingoutthere.co.uk/>

<https://education.gov.scot/improvement/learning-resources/managing-risk-in-outdoor-learning/>

Contact local park rangers for help - [https://outdoorlearningdirectory.com](https://outdoorlearningdirectory.com/)

**Slide 12 - Clothing footwear barriers**

<https://twitter.com/notonlypinkblue/status/1305457278427049990>

**Slide 13 - Accessibility- barriers**

When I finish saying: and taking up space that it is hardly surprising.

<https://www.theguardian.com/education/2017/nov/28/by-secondary-its-too-late-readers-on-promoting-girls-school-sports>

**Accessible solutions**

 Change4life Resources <https://www.nhs.uk/change4life/activities/accessible-activities>

Pathsforall - <https://www.pathsforall.org.uk/walking-for-health/health-walks>

East Ayrshire blog with plenty of links to advice and resources - <https://blogs.glowscotland.org.uk/ea/learningoutdoorssupportteam/additional-support-needs/>

ES outdoor learning and ASN webinar - <https://youtu.be/8M5pXcpmjek>

**Participation**

**Slide 15 - Risk taking and confidence – barriers**

When I say: Among girls over 14, more than a third said they felt insecure, hated other people watching them and were self-conscious about their bodies

<https://www.bbc.co.uk/news/education-41893475>

**Slide 16 - Perception practical suggestions**

For further reading on benefits: <https://www.plymouth.ac.uk/uploads/production/document/path/7/7634/Transforming_Outdoor_Learning_in_Schools_SCN.pdf>

**Self-efficacy**

**Slide 19 - Confidence: Solutions** – after finished speaking

[https://educationendowmentfoundation.org.uk/evidence-summaries/teaching-learning-toolkit/outdoor-adventure-learning/#closeSignup](https://educationendowmentfoundation.org.uk/evidence-summaries/teaching-learning-toolkit/outdoor-adventure-learning/).

<https://www.thechildrenswood.co.uk/spending-time-nature-improves-self-esteem/>

**Slide 21 - Misalignment with self-identity**

**Barriers** - when I say: Women were worried about being judged on their appearance during and after exercise; on their ability, whether they were a beginner or ‘too good’; or for spending time exercising instead of prioritising their children, family or work.

<https://sportengland-production-files.s3.eu-west-2.amazonaws.com/s3fs-public/2020-01/Campaign-Summary.pdf?Yu_jmNiqPxjL8IlJC0EqvKXjJ_GOFpfx>)

**Solutions**– after I say You might want to use the video for stimulating a discussion

<https://youtu.be/L6Msz46mqrw>

**Contexts**

**Slide 23 - in community: Practical suggestions**

<https://www.nature.scot/professional-advice/education/greenspace-map-outdoor-learning>

**Slide 24 - Wording/images**: **Practical suggestions**  <https://education.gov.scot/media/01wj1ahu/igbe-guidance2.pdf>

**Slide 25 - Explicit skills Practical suggestions -**

Literacy example at Southdale: <https://twitter.com/southdaleps/status/1309467982737952768>

Literacy and outdoor learning webinar: <https://youtu.be/O565Uxdksjk>

Numeracy and outdoor learning webinar - <https://youtu.be/dyzhJn_M6DU>

Also see example from forest schools <https://www.forestschoolsscotland.co.uk/Forest-schools.html>

**Slide 27 - Role models**

Guardian article exploring why there is less female representation in outdoor pursuits - [***https://www.theguardian.com/sport/2017/jan/08/banff-mountain-film-festival-adventure-sports-female-athletes***](https://www.theguardian.com/sport/2017/jan/08/banff-mountain-film-festival-adventure-sports-female-athletes)

**Role models**

**Slide 29 - Mothers and physical activity**

Barriers: when I talk about sport England research

<https://www.sportengland.org/news/this-girl-can-encourages-busy-mums-to-prioritise-exercise>

**Slide 31 - Suggestions of more diverse role models slide**

* Maddie Moate - <https://www.maddiemoate.com/>
* This girl can - https://www.thisgirlcan.co.uk/meet-the-girls/
* Boots and beards - <https://bootsandbeards.co.uk/>
* Challenge Sophie – Trailblazers - <https://www.blazeyourtrail.co.uk/>
* Cal Major – Paddle against plastic - https://paddleagainstplastic.com/
* The girl outdoors - <http://thegirloutdoors.co.uk/the-girl-outdoors-about-sian-and-the-blog/>
* 10 black outdoor adventurers to follow - <https://gravityhaus.com/10-black-outdoor-adventurers-to-follow-today/>

**Slide 35 Further resources:**

* IGBE National Improvement Hub – [www.bit.ly/NIHIGB](http://www.bit.ly/NIHIGB)
* Gender Stereotypes: An Introduction Action Guide - <https://education.gov.scot/media/khsi24hr/gender-stereotyping-intro.pdf>
* STEM Aspires Reports - <https://www.ucl.ac.uk/ioe/departments-and-centres/departments/education-practice-and-society/aspires-research>
* Looking at Gender Balance in STEM subjects at School - <https://education.gov.scot/improvement/Documents/Sciences/SCI15_GenderBalanceinSTEM/GenderBalanceBriefing_tcm4-869326.pdf>
* Ideas and Activities to Explore Unconscious Bias (Sway) - <https://sway.office.com/ZCQbwPz88OYN5qPE?ref=Link>
* <https://forestryandland.gov.scot/>
* <http://www.csgnt.org.uk/> - Central Scotland Green Network
* PLL course – teaching learning outdoors:

<https://professionallearning.education.gov.scot/learn/learning-activities/>