



Cyber Harm Prevention

GUIDANCE FOR PARENTS AND CARERS

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The School Context

Increasing instances of animosity between pupils following online interactions with peers

Increase in harmful sexual language being used in school and reports of harmful sexual language outside of school

6th Feb – whole school focus on Internet Safety

Aims

To understand the safety measures we can put in place to protect our children

Highlight most popular apps and their functionality

Most dangerous apps for young people

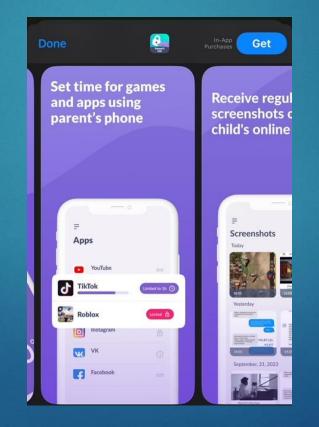
PARENTAL CONTROLS - Parental controls put you in control of what content your child can see. Combined with privacy settings these can help you protect your children from the things they shouldn't see or experience online.

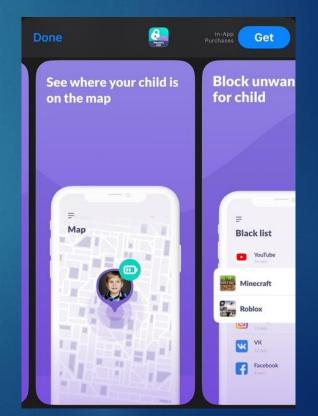
Internetmatters.org have guides for step-by-step instructions to set controls on popular entertainment services & search engines

> internet matters.org

Parental Control by Kids360







- 2FA Two-factor authentication provides a way of 'double checking' that you really are the person you are claiming to be when you're using online services, such as social media, banking or email.
- Even if a criminal (or someone simply looking to cause mischief) knows your password, they won't be able to access any of your accounts that are protected using 2FA.
- The website Turnon2fa contains up-to-date instructions on how to set up 2FA across popular online services such as Instagram, Snapchat, Twitter and Facebook.

Work through safety and privacy features on the apps that your child is using, or might use. Make sure they understand the point of these and how to use them.

Explain how you can use privacy settings to make sure only approved friends can see posts & image

Check if any of their apps have 'geo-location' enabled, sharing their location unintentionally

KEEP TALKING AND STAY INVOLVED

What apps are young people using?



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AGE RESTRICTIONS ON SOCIAL MEDIA





WITH PARENTAL AGREEMENT TO TERMS Conditions, some can be accessed at an earlier age.





Snapchat is a visual social media platform where users can send fleeting pictures and videos

Record and share live videos

Locate friends on an engaging map

Add to stories









Disappearing messages – Group chat messages delete by default after 24 hours. One to one messages delete after the chat is closed

Snap Map – can locate friends and see places they have been



A photo and video sharing social media app

Messaging service





Instagram is image heavy – popular amongst social media influencers

Negative impact on young people's mental wellbeing

Dangerous Apps

OFFICIAL

The Top 5 Most Dangerous Apps for Kids: A Guide for Parents -YouTube



Internet Watch Foundation: Report remove nude images shared online.

NSPCC: If you are an adult and worried about a child you can call the 24-hour NSPCC helpline on 0808 800 5000 or visit their website. <u>www.nspcc.org.uk</u>

Internet Matters: Get expert support and practical tips to help children benefit from connected technology and the internet safely and smartly. www.internetmatters.org

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