



## St. Angela's Nursery Class Snack Policy

### Statement

In St. Angela's Nursery Class, our meal and snack times offer many rich opportunities for children to connect and engage in conversation with other children and staff. Meal and snack times can contribute to children's learning, development and health and wellbeing.

### Rationale

To ensure that we provide meals and snacks that are nutritious.

To ensure our meals and snacks are served in a relaxed, calm and safe environment.

To ensure that the setting for meals and snacks are well planned and promote a sense of belonging.

To ensure that the setting for meals and snacks support social interactions.

### Key Establishment Procedure

- Staff member prepares snack & takes to snack room.
- Staff member cleans table.
- Snack bar opens from 9.15am & 1.45pm approx(staff permitting)
- Children wash hands and then go into lunch room with appropriate staff (1-10 ratio)
- Staff member will facilitate snack as children self-serve.
- Children to be support to be independent in pouring their own water & opening their milk.
- Staff member will facilitate clean up as children are responsible to emptying food waste into the bin and putting dirty dishes in basin.
- Children wash hands once they have finished snack.
- Staff member gathers all dishes onto trolley to be returned to kitchen.
- Staff member cleans table.

## **Roles and Responsibilities**

**SLT** - To work with Facilities Catering Management to provide a healthy and balanced diet in line with current policy & guidelines. Catering staff within the School to ensure all food is served correctly in line with guidelines. To ensure that all members of staff are aware of the policy and it is regularly reviewed, and adhered to through monitoring & self-evaluation.

**All Staff** - To monitor and evaluate snack and lunch routines to ensure a positive happy experience. Encourage children to become aware of healthy eating, hygiene, being independent and socialising positively.

## **Key Documents**

Care Inspectorate- Practice note- Keeping children safe: supporting mealtime experiences in early learning and children.

Infection Prevention and Control in Childcare Settings (Health Protection Scotland, October 2016)

A Quality Framework for day-care of children & childminding and School -aged children (2022) QI- 1.1 Nurturing Care & Support

NHS - Setting the table (2005)

Health and Social Care Standards (2017) I experience high quality care and support that is right for me - Wellbeing: Eating & drinking 1.33-1.39

Health and Safety Regulations.

Risk Assessment

<b>This policy developed in draft:</b>	<b>March 2023</b>
<b>L Isaac L McCann</b>	<b>DHT Team Leader</b>
<b>Date Implemented</b>	<b>March 23</b>
<b>Staff Involved:</b> <b>All staff</b>	
<b>Policy to be reviewed:</b>	<b>Aug 23</b>
<b>Reviewed</b>	<b>Aug 23</b>
<b>Next review date</b>	<b>Aug 24</b>